

## Office of Aging and Disabled Services

- Designated by the Board of County Commissioners to plan, coordinate and/or provide county wide programs and services for older persons and those with disabilities.
- Identifies and prioritizes the human service needs of senior and disabled individuals in the county and develops an Area Plan outlining a comprehensive approach and coordinated system of services for delivery of Title III Older Americans Act and other funds.
- Maintains a central source of information for programs in the county and provides assistance to enable access to programs and services.
- Acts as lead agency disseminating relevant information used to increase the public's understanding and awareness of aging and disability issues.
- Acts as an advocate within the county by monitoring, evaluating and commenting upon all programs and policies affecting seniors and persons with disabilities at public hearings and community forums.
- Advises the Board of County Commissioners, New Jersey Division of Aging Services, and the New Jersey Department of Human Services, local government and service providers of the unmet needs of seniors and those with disabilities and recommends appropriate action.
- Administers funds and contracts provided to and by the County of Middlesex including federal funds pursuant to the Older Americans Act and ensures achievement of goals and effectiveness of program operations.
- Designated by the New Jersey Department of Human Services, Division of Aging Services to serve as the connecting link between the Division and local communities regarding aging issues and is the lead agency for the Aging & Disability Resource Connection - ADRC.

7/21



**For a directory of services and agencies  
in Middlesex County**

**732-745-3295**

**or**

**1-877-222-3737**

**or**

**visit our website at**

**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

### **Middlesex County Board of County Commissioners**

**Ronald G. Rios, Director**

**Shanti Narra, Deputy Director**

**Claribel A. Azcona-Barber**

**Charles Kenny**

**Leslie Koppel**

**Chanelle Scott McCullum**

**Charles E. Tomaro**



**Claribel A. Azcona-Barber, Commissioner Liaison**

**Middlesex County Dept. of Community Services  
Meghan Davey, Department Head**

**Office of Aging & Disabled Services  
Laila Caune, Director**

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)



## Office of Aging and Disabled Services



**AGING & DISABILITY RESOURCE CONNECTION**

**Your Doorway to Information & Assistance**



**732-745-3295**

**1-877-222-3737**

**Office Hours: 8:30am-4:15pm**

**75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901**



## Information and Assistance

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Provides information, assistance, referral and advocacy for older adults, persons with disabilities, their caregivers and the general public needing access to services.

## Home Care and Care Management

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Home Care Services may include: social or medical adult day care, meals, home health care, personal care assistance, transportation, medical equipment and supplies, respite, barrier free modification, prescription, personal response system and in-patient respite. Care Managers assess individuals' needs and coordinate the ongoing services provided.

## Medicare Counseling

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Under the State Health Insurance Assistance Program (SHIP), staff and trained volunteer counselors assist with questions related to Medicare, supplemental insurances and problems regarding Medicare billing.

## Senior Meal Program

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Provides a noon time meal for older adults (60+) Monday thru Friday at 8 congregate sites around the county. Nutrition education is also provided at the congregate meal sites.  
For the homebound older adults (60+), there is a home delivered meal component.

## Resource Directory

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For a directory of services and agencies in Middlesex County, call for a free copy of our Resource Directory or visit our website at [www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

## Events

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**90+ Birthday Bash Celebrations** are held during, May, Older Americans Month to recognize county residents over the age of 90.

**Caregiver Retreat** is an opportunity for caregivers and professionals to come together to discuss common issues, share ideas, and learn about supportive services.

**Disability Connections** is an information and resource fair for people with disabilities and their caregivers.

**LGBTQ Aging** is a seminar held annually to address issues and concerns about LGBTQ older adults.

**Senior Citizen Art Contest** is an annual juried contest and show that promotes the creative talents of older adults.

**Senior Health & Fitness Walk** is an annual county wide event which promotes the benefits of exercise and healthy living.

## Adult Protective Services

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Adult Protective Services (APS) role is to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults living in the community. If you are aware of, or suspect abuse, neglect or financial exploitation of a vulnerable adult living in Middlesex County, please call APS at 732-745-3635

## Special Projects

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**File of Life** is a FREE magnetic refrigerator pouch that holds a health and emergency reference card which provides vital information to police, EMT and family in the event of a crisis.

**Project Lifesaver** is a FREE radio tracking bracelet that is monitored by local police and available to county residents who have a history of wandering due to illness or disability.

**Personal Medical Record-USB** is a FREE tool to track and relay medical information. It is the size of a credit card and holds a USB drive with a template for individuals to enter medical data to be used in case of an emergency.

**Senior Farmers Market** provides eligible older adults with vouchers to purchase fresh fruits and vegetables at approved local farm markets between June and November.

## Community Services

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The office provides funding to local providers for support services in: legal service, adult day care, telephone reassurance, outreach, assisted transportation, nutrition, home health services, care management, language translation, mental health, information & assistance, residential maintenance, respite and adult protective services, education, physical activity, physical health, transportation, visiting nurse service, caregiver trained volunteer assistance, and respite care for caregivers.

### **Presentations:**

Speakers are available to address community groups or agencies to provide information about programs and services available through the office.