

## MEAL DONATIONS

(continued)

The recommended donation for those who go to a program site is at least \$2.25 per meal.

The recommended donation for those who receive a home-delivered meal is at least \$2.75 per meal.

There is no obligation to contribute. Services will not be affected by the ability to contribute. All contributions will be kept confidential.

Please mail donations by check or money order to:

**Senior Meal Program of Middlesex County  
Office of Aging & Disabled Services  
75 Bayard Street, 5th floor  
New Brunswick, NJ 08901**

## OTHER SERVICES

The Office of Aging and Disabled Services provides funding to local providers for support services for legal services, adult day care, telephone reassurance, outreach, transportation, nutrition, home health services, care management, language translation, mental health, information & assistance, friendly visiting, residential maintenance, respite and adult protective services.

**For a directory of services and agencies in Middlesex County, call for a free copy of our Resource Directory.**

**Call: 732-745-3295 or 1-877-222-3737**

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**Laila Caune, Director**

The Office of Aging and Disabled Services  
75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

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Office of Aging & Disabled Services

# Senior Meal Program



**Call: 732-745-3295  
or 1-877-222-3737**

**Office Hours: 8:30am-4:15pm**

## SENIOR MEAL PROGRAM

Come join the many Middlesex County seniors who participate in our daily luncheon program at one of eight site locations around the County.

Each dining location sponsors guest lectures, holiday parties, health screenings, entertainment and a unique social atmosphere.

### Who can join?

Anyone aged 60 and older.

### How much does it cost?

The program is funded in part by a federal grant and relies on client donations for support. Recommended fair share contribution is \$2.25 per meal.

### What do they serve?

A full-course meal which comprises 1/3 DRI of nutritional needs is served.

The program has a varied menu of tasty entrees such as roasted turkey with gravy, cheese omelet with salsa, and meatloaf.

The menus are designed to accommodate the nutritional needs of senior citizens, including meals reduced in sodium and sugar. We also offer a daily vegetarian menu.

### How can I sign up?

Contact the Site Manager at the site closest to you. Each site has round-trip transportation available.

## SITE LISTINGS

### Thomas J. Deverin Community Center

100 Cooke Avenue  
Carteret, NJ 07008  
732-541-6221  
Hours: 8:30 a.m. to 2:30 p.m.

### Edison Senior Center

2963 Woodbridge Avenue  
Edison, NJ 08817  
732-452-0377  
Hours: 8:30 a.m. to 2:30 p.m.

### Old Bridge Senior Center

George J. Bush Center for Human Services  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
732-607-1582  
Hours: 8:30 a.m. to 2:30 p.m.

### Alexander F. Jankowski

Community Center  
1 Olive Street  
Perth Amboy, NJ 08861  
732-442-0930  
Hours: 8:30 a.m. to 2:30 p.m.

### Piscataway Senior Center

700 Buena Vista Avenue  
Piscataway, NJ 08854  
732-743-9844  
Hours: 8:30 a.m. to 2:30 p.m.

### Sayreville Senior Center

423 Main Street  
Sayreville, NJ 08872  
732-254-4299  
Hours: 8:30 a.m. to 2:30 p.m.

## SITE LISTINGS

### South Brunswick Senior Center

540 Ridge Road  
Monmouth Junction, NJ 08852  
732-329-6171  
Hours: 8:30 a.m. to 2:30 p.m.

### South Plainfield Senior Center

90 Maple Avenue  
South Plainfield, NJ 07080  
908-753-1040  
Hours: 8:30 a.m. to 2:30 p.m.

**All sites are open Monday through Friday, except holidays.**

## HOME DELIVERY

Home Delivered meals are available for isolated, homebound seniors who have no formal or informal caregiver and are unable to attend a Congregate meal program.

There is a fair share contribution of \$2.75 per meal.

**For more information regarding this service, please call 732-745-2062**

## MEAL DONATIONS

The Older Americans Act requires that all people receiving services under the Act must be given every opportunity to contribute to the cost of the service.

Your donation will be used to continue and expand the Senior Meal Program. The cost of food plus preparation, handling, staffing, etc.