# Middlesex County office of Human Services

# Division of addictionS & Mental Health Planning

# Mental Health Board

# Fact Sheet

#### Background

In 1967, through Title 30 of the Community Mental Health Services Act of 1963, grants were made available to establish County Mental Health Boards. The Mental Health Board is an advisory Board, established to provide public leadership for the County in the area of mental health services.

## Members

The Board is comprised of dedicated volunteers who live or work in Middlesex County and have an energetic and knowledgeable interest in mental health and wellness.

#### Purpose and Responsibilities

In partnership with the Middlesex County Division of Addictions & Mental Health Planning, the **Middlesex County Mental Health Board** provides oversight for the mental health services continuum of care, plans, monitors, reviews and recommends funding for new program initiative, and promotes mental health services and community education with a focus on recovery awareness, cultural competence and ending stigma. The Board provides a forum to discuss priority concerns and establishes a mechanism for advocacy on behalf of consumers, programs and community actions, and may also review consumer grievances.

The Board’s fiscal responsibilities include review, recommendation and monitoring of State and County funded services.

The Board also is updated on local coordination of the New Jersey Office of Emergency Management's mental health response.

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| 2022 Middlesex County Funded Mental Health Services | |
| **Residential** | **SERV Centers, Inc.** |
| **outreach/case management services** | **Rutgers/UBHC Specialized Case Management & Outreach Services (SCMOS)** |
| **PEER EMERGENCY SERVICES** | **Collaborative Support Programs of NJ** |

For more information, please email Elisabeth.marchese@co.middlesex.nj.us or call 732-745-4186.

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| *Guiding Principles* |
| ***A Consumer Focused, Recovery Oriented, Mental Health System***  We value a mental health service delivery system that:   * Is community based * Is consumer focused * Supports consumers in their transition to wellness * Prioritizes recovery awareness, prevention, cultural competency & de-stigmatization * Offers the wellness & recovery model throughout the continuum of care * Looks holistically at the overall needs of the individual and empowers persons in recovery to make purposeful choices that lead to a more satisfying and healthy lifestyle * Includes psycho-educationally based family services as an essential element in mental health services |

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## *MISSION STATEMENT*

The Middlesex County Mental Health Board advocates for and promotes efforts that will enhance the wellness and recovery opportunities of consumers. We are dedicated to consumer empowerment, and ending stigma through education and advocacy around mental health awareness. The Board will advocate for consumer driven community supports, services and best practices throughout the continuum of care.

***\* Empowerment \* Advocacy \* Education \****

***\* Wellness & Recovery \****

*Hallmarks of the Middlesex County Mental Health Board*