



Board of County Commissioners

Ronald G. Rios, *Director*
Kenneth Armwood, *Deputy Director*

Claribel A. Azcona-Barber,
Charles Kenny, Leslie Koppel,
Shanti Narra, Charles E. Tomaro

**Middlesex County Dept of
Community Services**

Meghan Davey, *Department Head*

Office of Human Services

Melyssa Lewis, *Director*
75 Bayard St, 5th Floor
New Brunswick, NJ 08901

Middlesex County is looking to reduce the stigma surrounding mental illness and substance use disorders.

Share your support by using the hashtags **#StampOutStigma** and **#MiddlesexCountyStandsAgainstStigma** on social media

January 2021



**OFFICE OF
HUMAN SERVICES**

**Division of Addictions
and Mental Health Planning**

**Mental Health
Services Directory**



Call **Office Hours**
732-745-4186 8:30 – 4:15



www.middlesexcountynj.gov



Center for Psychiatric Rehabilitation

Boston University

- 1-617-353-3549
- www.bu.edu/sarpsychwww.cpr.bu.edu

Mental Health America

- 1-800-969-NMHA(6642)
- 1-800-433-5959
- 1-703-684-7722
- www.nmha.orgmentalhealthamerica.net

National Mental Health Consumers’ Self Help Clearinghouse

- 1-800-553-4539 / 267-507-3810
- 1-312-642-0049
- www.mhselfhelp.org

National Alliance for the Mentally Ill (NAMI)

- 1-800-950-NAMI (6264) / 1-703-524-7600
- www.nami.org

National Depressive/Manic Depressive Association Depression and Bipolar Support Alliance

- 1-800-826-3632
- www.dbsalliance.org

National Empowerment Center

- 1-800-769-3728 / 978-685-1494
- www.power2u.org

National Institute of Mental Health

- 1-866-615-6464 FREE (tollfree) / 1-301-443-8431 (TTY)/1-866-415-8051 FREE (TTY toll-free)
- www.nimh.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA) - Behavioral Health Treatment Services Locator

www.findtreatment.samhsa.gov/

U.S. Psychiatric Rehabilitation Association (formerly IASPRS)

- 703-442-2078
- www.uspra.orgpsychrehabassociation.org

Table of Contents

Emergency Services1

Crisis /Hospital Diversion Services..... 1

Inpatient Services2

Inpatient STCF2

Inpatient Intermediate Care 3

Partial Care/Partial Hospitalization Services 3

Case Management Services..... 4

Outpatient Services4-5

Residential/Housing Services6

Co-Occurring Disorders (Mental Health & Addiction.....7-8

MI/DD Services (Mental Illness/Developmental Disabilities) 8-9

Family, Children & Adolescent Services 9-12

Aging Out/Young Adult Services 12-13

Geriatric/Older Adult Services13-14

Advocacy, Self-Help, Support & Referral14-18

Employment, Vocational & Training Services 18-19

Multicultural Resources19-20

Disaster Mental Health Resources 21

National Mental Health Resources21-22

NAMI.org10

National Alliance for the Mentally Ill 10,16,22

National Association of Social Workers17

National Depressive/Manic Depressive Association22

National Empowerment Center22

National Institute of Mental Health22

National Mental Health Consumer’s Self Help Clearinghouse ..22

NJ Dept. of Human Services Div. Developmental Disabilities..... 9

New Jersey Disaster Mental Health Helpline21

New Jersey Self-Help Clearinghouse17

New Jersey Veteran’s Helpline (NJ Vet to Vet)17

NJ 211 Partnership/Homeless Hotline6,16

NJ Addiction Services Helpline 14

NJ Association of Mental Health Agencies (NJAMHAA)17

NJ Child Advocate’s Helpline10

NJ Dept. of Community Affairs - Housing & Community Affairs. 17

NJ Division of Addiction & Mental Health Services (DMHAS)17

NJ Division of Child Protection & Permanency (DCP&P)10

NJ Hopeline - Suicide Prevention Hotline17

NJ Hope & Healing.....21

NJ Mental Health Cares..... 17

NJ Psychiatric Association17

NJ Psychological Association 17

Panic Relief, Inc.	18
PATH Services for the Homeless.....	4
Peer to Peer Warmline (Mental Health Association in NJ).....	18
Perform Care - Contracted Systems Administrator (CSA)	11
Pharmaceutical Assistance to the Aged & Disabled (PAAD).....	18
Post Partum Depression Helpline	18
PRAB	20
Princeton House Behavioral Health	2,3,5,8,11,12
Princeton House Behavioral Health - Senior Link Program	14
Puerto Rican Association for Human Development	20
Raritan Bay Medical Center, Perth Amboy (part of Meridian Health)	1,11,12,14
Raritan Bay Medical Center – The Center for Living Recovery, Inc. - Support for Anxiety & Depression	2
Rutgers Center of Alcohol Studies - Women’s Treatment Project	8
Rutgers Graduate School of Psychology	11
Rutgers UBHC	1,3,5,6,8,9,11,13
RU Graduate School Applied Psychology & Professional Psychological Services Clinic	5
Rutgers School of Health-Related Professionals	19
Specialized Addiction Treatment Services	8
SERV Centers of New Jersey	6
Social Security	18
St. Peter’s University Hospital - For Keeps Family Health Care ...	11
St. Peter’s UH Family Health Center Children’s Acute Partial Hospital	3
Statewide Clinical Outreach Program for the Elderly (S-COPE) ..	14
Stress Care of NJ	4,5,11,13
Substance Abuse and Mental Health Services Administration .	22
Summit Oaks Hospital	2,8
Summit Oaks Hospital Intensive Outpatient	5
Supportive Housing Association of NJ.....	6
Support Program of Teens (SPOT)	12
Trinitas Hospital	9
Triple C Housing, INC	6
U.S. Psychiatric Rehabilitation Association	22
VA NJ Health Care System	5
Vet 2 Vet	18
Visiting Nurse Association of Central Jersey	14
Volunteers of America	8
Volunteers of America - Project Promise	6
Wellspring Center for Prevention	18
Young Adult Social Club	13,18

DISASTER MENTAL HEALTH RESOURCES

Division of Mental Health & Addiction Services - Disaster and Terrorism Branch

- 877-294-4357
www.nj.gov/humanservices/dmhas/home/disaster/

Mental Health Association in NJ

Disaster Response Crisis Counselor (DRCC)
Certification & Training

- 973-571-4100
www.njdisasterresponsecrisiscounselor.org

Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning

- 732-745-4186
www.middlesexcountynj.gov

NJ Hope & Healing

- 877-294-4356 (HELP)

NJ Mental Health Cares Disaster Mental Health Helpline

- 877-294-4356 (HELP)
www.mhanj.org/nj-disaster-mental-health-helpline/

NATIONAL MENTAL HEALTH RESOURCES

American Psychiatric Association

- 1-888-357-7924
www.psychiatry.org

American Psychological Association

- 1-800-374-2721 / 202-336-5500
TDD/TTY: 202-336-6123
www.apahelpcenter.org/helpcenter

Brain & Behavior Research Foundation (Formerly NARSAD)

- 1-800-829-8289 / 646-681-4888
www.bbrfoundation.org/

Center for Mental Health Services (CMHS)

- 1-240-276-1310
www.mentalhealth.samhsa.gov/cmhs/www.samhsa.gov/about-us/who-we-are/pfoc-centers/cmhs

CAMHOP-NJ (Chinese American Mental Health Outreach Program in New Jersey)

New Brunswick
• 732-640-0801
www.naminj.org/

Clinica Latina – A Program of Rutgers UBHC

New Brunswick
• 1-888-342-9832 / 1-800-969-5300
www.ubhc.rutgers.edu

**Cultural Competance Training Center
Family Connections**

• 973-675-3817
www.familyconnectionsny.org

George J. Otlowski, Sr. Center for Mental Health Care

Perth Amboy
• 732-442-1666
www.middlesexcountynj.gov

Manavi – A program for South Asian women who have suffered abuse

New Brunswick
• 732-435-1414
www.manavi.org

Multicultural Family Institute

Highland Park
• 732-565-9010
www.multiculturalfamily.org

National Alliance for the Mentally Ill (NAMI NJ)

- Family to Family
- A ACT-NOW! - African Americans
- Camhop - Asian Americans
- Samhaj - South Asian Americans
732-940-0991
- NAMI Espanol
888-803-3413
www.naminj.org

PRAB

New Brunswick
• 732-828-4510
www.prab.org

Puerto Rican Association for Human Development

Perth Amboy
• 732-442-1081
www.prahd.org

EMERGENCY SERVICES

Rutgers UBHC - Acute Psychiatric Services (APS)

Piscataway

- Designated Screening Center - Acute Psychiatric Services (APS) - 24/7 Crisis Hotline
1-855-515-5700
- Early Intervention Support Services (EISS)
732-235-4422 or 1-800-969-5300
- NJ Hopeline - Suicide Prevention Hotline
1-855-654-6735
- Access Center
1-800-969-5300
- Children's Mobile Response & Stabilization
1-877-652-7624
www.ubhc.rutgers.edu

Raritan Bay Medical Center

(Part of Meridian Health)

- Crisis hotline 24 Hours a Day
732-442-3794
- Emergency Room
732-324-5095
- Crisis Stabilization
732-324-5289
www.rbmc.org/behavioral-health/

CRISIS/ HOSPITAL DIVERSION SERVICES

Rutgers University Behavioral Health Care

Piscataway

- Early Intervention Support Services (EISS)
732-235-4422 or 1-800-969-5300
- NJ Hopeline - Suicide Prevention Hotline
1-855-654-6735
www.ubhc.rutgers.edu
- **CSP NJ Wellness Respite Services**
New Brunswick
732-354-4403
www.csprnj.org

Carrier Clinic

- Belle Mead
- 1-800-933-3579
- www.carrierclinic.org

East Mountain Hospital

- Belle Mead
- 1-800-379-1949
- www.eastmountainhospital.com

Princeton House Behavioral Health

- Princeton
- 1-800-242-2550 (Admissions)
- 1-609-497-3500
- 1-888-437-1610 (Outpatient)
- www.princetonhouse.org

Raritan Bay Medical Center-The Center for Living

- Perth Amboy
- Crisis hotline 24 Hours a Day
- 732-442-3794
- 732-324-5119
- 732-324-5138
- www.rbmc.org

Summit Oaks Hospital

- Summit
- 1-800-753-5223
- www.summitoakshospital.com

Rutgers University Behavioral Health Care

- Piscataway
- Adult Inpatient Unit
- CCIS Children's Inpatient Unit
- 1-800-969-5300
- www.ubhc.rutgers.edu

INPATIENT SHORT TERM CARE FACILITY (STCF)

(May only be accessed through Designated Screening Center)

- Princeton House Behavioral Health
- Raritan Bay Medical Center
- Trinitas Hospital
- Monmouth Medical Center
- 1-855-515-5700 (for general information)

Division of Vocational Rehabilitation Services (DVRS)

- New Brunswick
- 732-937-6300
- www.state.nj.us/labor/dvrs/humanservices/cbvr/services/vocation

Jewish Family & Vocational Services

- Milltown
- 732-777-1940
- www.jfsmiddlesex.org

Learn of Central NJ - (A supported education program of Bridgeway Services)

- 908-687-9666
- www.bridgewayrehab.org

Mental Health Association in NJ

- 973-571-4100 / 800-367-8850 (toll-free)
- www.mhanj.org

Middlesex County One-Stop Career Centers

- New Brunswick
- 732-937-6200
- Perth Amboy
- 732-826-3200
- www.middlesexcountynj.gov

Middlesex County Workforce Development

- New Brunswick
- 732-745-3970
- www.middlesexcountynj.gov

Rutgers School of Health Related Professionals – Department of Psychiatric Rehabilitation

- 1-908-889-2400
- www.shrp.rutgers.edu/dept/psyr

Rutgers UBHC Supported Employment Program

- 732-235-6927
- www.ubhc.rutgers.edu

MULTICULTURAL RESOURCES

Catholic Charities

- East Brunswick, Perth Amboy, New Brunswick
- Outpatient Counseling Services (Spanish)
- 1-800-655-9491 / 732-826-9160
- 732-646-4255 (Spanish speaking clients)
- www.ccdom.org

Panic Relief, Inc.
Monmouth Junction
• 732-940-9658

Peer to Peer Warmline (Mental Health Association in NJ)
• 877-292-5588
www.mhanj.org

Pharmaceutical Assistance to the Aged & Disabled (PAAD)
• 1-800-792-9745
www.state.nj.us/humanservices/doas/home/paaddetail.html

Post Partum Depression Helpline
• 1-800-328-3838
www.state.nj.us/health/fhs/postpartumdepression/

Recovery, Inc. - Support for Anxiety & Depression
• 1-201-612-8153
www.recovery-inc.org

Social Security
New Brunswick
• 1-800-772-1213 / 877-803-6313
www.socialsecurity.gov

Vet 2 Vet
24/7 peer-run veteran's helpline
• 866-838-7654 (866-VETS-NJ4)
www.ubhc.rutgers.edu/vet2vet/program.htm

Wellspring Center for Prevention (formerly NCADD of Middlesex County, Inc.)
• 732-254-3344
www.wellspringprevention.org

Young Adult Social Club (NAMI Middlesex)
• 732-841-8763

EMPLOYMENT, VOCATIONAL & TRAINING SERVICES

Consumer Connections
Mental Health Association of NJ providing peer provider training
• 1-973-571-4100 / 908-810-1001 ext. 316
www.mhanj.org/consumer-connections.org

Cornerstone Specialized Hospital (Runnells Center for Rehabilitation and Healthcare)
Berkeley Heights
• 908-771-5875
www.runnellscenter.com/

Essex County Hospital
Cedar Grove
• 973-571-2800
www.essex-countynj.org

PARTIAL CARE / HOSPITALIZATION PROGRAMS

Catholic Charities
Youth Partial Care Program (Child/Adolescent)
• 1-800-655-9491
www.ccdom.org

Community Care Behavioral Health
Piscataway
• 732-572-4666
www.communitycare.us

George J. Otlowski, Sr. Center for Mental Health Care Adult Partial Care
Perth Amboy
• 732-442-1666
www.middlesexcountynj.gov

Princeton House Behavioral Health
(Child, Adolescent, Young Adult, Older Adult, Womens' and Mens' Programs)
North Brunswick
• 888-437-1610
www.princetonhouse.org

Rutgers University Behavioral Health Care: Partial Hospital Program
Piscataway
• 1-800-969-5300
• 732-235-6900
Monmouth Junction
• 1-800-969-5300
www.ubhc.rutgers.edu

St. Peter's University Hospital Family Health Center Children's Acute Partial Hospitalization (For Keeps; ages 5 to 17)
New Brunswick
• 732-565-5494
www.saintpetersuh.com

**Stress Care of New Jersey
Matawan & Manalapan**

- 732-679-4500
www.stresscareclinic.com

CASE MANAGEMENT SERVICES

**Catholic Charities PACT - (Programs of Assertive
Community Treatment)**

Edison/New Brunswick

- 732-447-2400

Perth Amboy

- 732-324-8200

www.ccdom.org

PATH Services for the Homeless

- 732-738-1323
www.ccdom.org

Rutgers University Behavioral Health Care

- Intensive Case Management Services (ICMS)
- Specialized Case Management Services (SCMOS)
- PATH - Homeless Case Management Program
Piscataway
- 732-235-6184 / 1-800-969-5300
www.ubhc.rutgers.edu

OUTPATIENT SERVICES

**Catholic Charities - Mental Health Center
(Adults, Family & Children)**

- Access 732-257-6100
- 732-646-4255 (Spanish speaking clients)
www.ccdom.org

**Carrier Clinic
Belle Mead**

- 1-800-933-3579
www.carrierclinic.org

**George J. Otlowski, Sr. Center for
Mental Health Care Outpatient**

Perth Amboy

- 732-442-1666
www.middlesexcountynj.gov

Jewish Family & Vocational Service

Milltown

- 732-777-1940

**National Association of Social Workers –
New Jersey Chapter**

- 1-800-932-0004 / 732-296-8070
www.naswnj.org

NJ Addiction Services Helpline

24/7 assistance and referral to drug or alcohol
treatment

- 844-276-2777
[www.nj.gov/humanservices/dmhas/
resources/addiction/](http://www.nj.gov/humanservices/dmhas/resources/addiction/)

**NJ Association of Mental Health
and Addiction Agencies (NJAMHAA)**

- 609-838-5488
www.njamha.org

**NJ Department of Community Affairs -
Division of Housing & Community Resources**
(Administers Section 8 program)

- 609-633-6286
www.njamhaa.org

**NJ Division of Mental Health Addiction &
Services (DMHAS)**

Trenton

- 1-800-382-6717
www.state.nj.us/humanservicesdmhas/

NJ Hopeline - Suicide Prevention Hotline

- 1-855-654-6735
www.njhopeline.com/

NJ Mental Health Cares

24/7 Mental Health Information & Referral

- 1-866-202-HELP (4357)
www.njmentalhealthcares.org

NJ Psychiatric Association

- 908-588-3540
www.psychnj.org

NJ Psychological Association

- 1-800-281-6572 / 973-243-9800
www.psychologynj.org

New Jersey Self-Help Clearinghouse

- 1-800-367-6274
www.njgroups.org

New Jersey Veteran's Helpline (NJ Vet to Vet)

- 866-838-7654

CONTINUED ON NEXT PAGE

Middlesex County Area Transit Services (MCAT)

- 1-800-221-3520 (RESERVATIONS)
 - 732-745-7456 (Office)
- www.middlesexcountynj.gov

Middlesex County Board of Social Services

(transportation, entitlements, housing)

New Brunswick

- 732-745-3500

www.middlesexcountynj.gov

Middlesex County Division of Addictions & Mental Health Planning

New Brunswick

- 732-745-4186

www.middlesexcountynj.gov

Middlesex County Veteran Services Office

New Brunswick

- 732-745-4051

www.middlesexcountynj.gov

Middlesex Medical Assistance - Middlesex County Board of Social Services

- 732-745-3500 or Toll Free at 1-800-SOCIAL2

Mom2Mom

24/7 Helpline for mothers of children with special needs

- 1-877-914-6662

www.mom2mom.us.com/

Moving Forward Community Wellness Center

- 732-317-2920

www.movingforwardshc.org

NJ 211 Partnership

- 211

www.nj211.org/partners

National Alliance for the Mentally Ill- Middlesex (NAMI: Middlesex)

New Brunswick

- 732-745-0709

National Alliance for the Mentally Ill – New Jersey (NAMI NJ)

North Brunswick

- 732-940-0991

www.naminj.org

Monroe Township

- 609-395-7979

www.jfsmiddlesex.org

JFK Center for Behavioral Health

Edison

- 732-321-7189

www.jfkmc.org/clinical-services/behavioral-health

Princeton House Behavioral Health

North Brunswick

- 888-437-1610

www.princetonhouse.org

Rutgers University Graduate School of Applied Psychology and Professional Psychology Psychological Services Clinic

Piscataway

- 848-445-6111

www.gsappweb.rutgers.edu/clinic/index.php

Stress Care of New Jersey

Matawan & Manalapan

- 732-679-4500

www.stresscareclinic.com

Summit Oaks Hospital Intensive Outpatient

Summit

- 1-800-753-5223 or 908-522-7071

www.summitoakshospital.com

Rutgers University Behavioral Health Care

Edison, Monmouth Junction, New Brunswick

- 1-800-969-5300

www.ubhc.rutgers.edu

- Coordinated Specialty Care (CSC) – First Episode Psychosis Program

732-235-2868

coordinatedspecialtycare@ubhc.rutgers.edu

VA NJ Health Care System

Piscataway

This service is for veterans only and may require a referral from the primary care doctor

- 732-981-8193

www.newjersey.va.gov/locations/Piscataway.asp

Omni Health Services

Highland Park

- 732-227-0070

RESIDENTIAL/HOUSING SERVICES

Bridgeway RIST Program

- 732-771-2300
www.bridgewayrehab.com

Catholic Charities - PATH Services for the Homeless

- 732-738-1323
www.ccdom.org

Easterseals New Jersey

- 732-257-6662
www.eastersealsnj.org

NJ 211 Partnership/Homeless Hotline

- 211
www.nj211.org

Rutgers UBHC - Homeless Case Management (PATH)

Housing Assistance Program

- 732-235-6184

Supportive Housing Program

- 732-235-5000
www.ubhc.rutgers.edu/services/adult/case_management.html

SERV Centers of New Jersey

- 1-800-987-7378 or 732-968-7111
www.servbhs.org

Supportive Housing Association of NJ

- 908-932-1131
www.shanj.org/index.htm

Triple C Housing, Inc.

Monmouth Junction

- 732-297-5840
www.triplechousing.org

Volunteers of America - Project Promise

- 732-827-2453
www.voa-gny.org

Central Jersey Legal Services, Inc. Middlesex Division

Mental Health Advocacy Unit

New Brunswick

- 732-249-7600

Perth Amboy

- 732-324-1613
www.lsnj.org/cjls

CHOICES (Consumers Helping Others Improve their Condition by Ending Smoking)

RWJ Division of Addiction Psychiatry

New Brunswick

- 732-235-8232
www.njchoices.org

Coalition for Mental Health Consumer Organizations (COMHCO)

- 1-973-778-8810

Collaborative Support Programs of NJ (CSPNJ)

- 732-780-1175
www.cspnj.org

Coming Home of Middlesex County

- 732-296-7954
www.cominghomemiddlesex.org

Cop2Cop

24/7 helpline for NJ law enforcement officers and their families

- 866-COP-2COP
www.ubhc.rutgers.edu/cop2cop/services.htm

Depression Bipolar Support Alliance NJ

- 732-910-7856 or 732-447-4623
www.dbsanewjersey.org

Disability Rights NJ

- 1-800-922-7233 / 609-292-9742 / 609-633-7106
www.drnj.org

Intensive Family Support Services (IFSS)

Piscataway

- 732-235-6184
www.ubhc.rutgers.edu

Mental Health Association of NJ

Advocacy, Training & Referral

- 1-800-367-8850 / 1-973-571-4100
www.mhanj.org

Jewish Family & Vocational Service of Southern Middlesex County
Monroe Township
• 1-609-395-7979
www.jfvs.org

Community Care Behavioral Health
Older Adults Partial Care/Day Program
• 732-572-4666
www.communitycare.us

Princeton House Behavioral Health - Senior Link Program
North Brunswick and Princeton
• Inpatient Admissions 800-242-2550
• Outpatient Admissions 888-437-1610
www.princetonhcs.org/phcs-home/what-we-do/princeton-house-behavioral-health.aspx

Raritan Bay Mental Health Center (Part of Meridian Health)
• Crisis hotline 24 Hours a Day
732-442-3794
• Emergency Room
732-324-5095
• Crisis Stabilization
732-324-5289
www.rbmc.org/behavioral-health

Statewide Clinical Outreach Program for the Elderly (S-COPE)
Cranford
• 855-718-2699
www.scopenj.org/

Visiting Nurse Association of Central Jersey
• 1-800-862-3330
www.vnahg.org/visiting-nurse-association-of-centraljersey.aspx

ADVOCACY, SELF-HELP, SUPPORT & REFERRAL

Arc of NJ - Criminal Justice Advocacy
Provides alternatives to incarceration on behalf of individuals with intellectual/developmental disorders
• 732-246-2525 / 732-828-0988
www.arcnj.org

Casual Outing Club of NAMI Middlesex
• 732-745-0709

CO-OCCURRING DISORDERS (Mental Health & Addiction)

Bergen Regional Medical Center
• 1-800-730-2762
www.bergenregional.com

Carrier Clinic Belle Mead
• 1-800-933-3579
www.carrierclinic.org

Catholic Charities
Co-Occurring Outpatient/Adolescents/Adults
• Access # 1-800-655-9491
• 732-257-6100
• 732-646-4255 (Spanish speaking clients)
www.ccdom.org

Center for Change and Recovery Middlesex
• 732-667-5567
www.thecenterforchangeandrecovery.com

Center for Network Therapy Middlesex
• 732-560-1080
www.recoverycnt.com

Clarity Treatment Services
• 732-442-3535

The Passion Care Center
• 732-410-7102

Community Care Behavioral Health
Partial Care Program w/ Co-Occurring Track
Piscataway
• 732-572-4666
www.communitycare.us

Diamond Counseling Center
Co-Occurring Out Patient
Edison
• 732-248-1805
www.diamondcounselingcenter.net/

East Mountain Hospital
Co-Occurring Inpatient
Belle Mead
• 1-800-379-1949

First Step Counseling
Metuchen
• 732-549-0401
www.firststepmetuchen.com/

George J. Otlowski, Sr. Center for Mental Health Care Adult Partial Care

Perth Amboy

- 732-442-1666
www.middlesexcountynj.gov

Princeton House Behavioral Health

North Brunswick (partial hospital, intensive outpatient, evening Adult Addiction Recovery, and afterschool adolescent programs)

- 1-888-437-1610 / 732-729-3600 / 732-729-3636
www.princetonhcs.org

Rutgers Center of Alcohol Studies - Women's Treatment Project

Piscataway

- 732-445-0900
www.womenandalcohol.rutgers.edu

Rutgers University Behavioral Health Care Piscataway & Monmouth Junction - Partial Hospital Program

- Access Center: 800-969-5300
www.ubhc.rutgers.edu

Specialized Addiction Treatment Services

New Brunswick

- 1-800-969-5300 - Access Center or
- 732-235-3440
www.ubhc.rutgers.edu

Summit Oaks Hospital

Inpatient & Intensive

- 1-800-753-5223
www.summitoakshospital.com

Volunteers of America

Myrtle House

- 732-321-0093
www.voa-gny.org

MI/DD SERVICES MENTAL ILLNESS/ DEVELOPMENTAL DISABILITIES

Community Care Behavioral Health

MI/DD Partial Care Program
Piscataway

- 732-572-4666
www.communitycare.us

Rutgers UBHC

- Intensive Family Support Service (IFSS)
732-235-6184
- Coordinated Specialty Care – First Episode Psychosis Program
732-235-2868
- FASI (Family Access to Support & Information)
732-235-6184
- Outpatient: 800-969-5300
www.ubhc.rutgers.edu

Stress Care of New Jersey

Matawan & Manalapan

- 732-679-4500
www.stresscareclinic.com

Young Adult Social Club

- 732-841-8763

GERIATRIC/OLDER ADULT SERVICES

Carrier Clinic

Dementia Track - Active Adult Track
Belle Mead

- 1-800-933-3579
www.carrierclinic.org

Rutgers University Behavioral Health Care: Comprehensive Services on Aging (COPSA) Community Outreach Program

- 732-235-6184
Memory Disorder Clinic
Edison

- 800-424-2494
www.ubhc.rutgers.edu/services/geriatric/

E.A.R.S for Caregivers

- 1-866-300-3277 or 732-235-8452
www.ubhc.rutgers.edu/services/geriatric/EARS.html

The COPSA Alzheimer's Resource Center Clinics/Day Program & Clinical Drug Trials Care2Caregivers

- 1-800-424-2494
www.ubhc.rutgers.edu/services/geriatric/alzheimers_resource_center.html

Jewish Family & Vocational Services

- Elder Day Care Program for the Frail & Elderly
- Alzheimer
- Day Care Center for the Elderly
- Case Management
- Meals on Wheels

Woodbridge/Edison

- 732-777-1940
www.jfsmiddlesex.orgvs.org

Support Program of Teens (SPOT)

Edison

- 732-777-1940
www.njmentalhealthcares.communityos.org/zf/profile/service/id/276361

AGING OUT/YOUNG ADULT SERVICES

Catholic Charities

East Brunswick

- 732-257-6100
- 732-646-4255 (Spanish speaking clients)
www.ccdom.org

Community Care Behavioral Health

Young Adult Track (18-25)

- 732-572-4666
www.communitycare.us

Jewish Family and Vocational Services

Milltown

- 732-777-1940
www.jfvs.org

JFK Center for Behavioral Health

Edison

- 732-321-7189
www.jfkmc.org

Multicultural Services (MCS)

(DCP&P referrals only)

Edison

- 732-650-0330
www.innovativeeducationalservices.org

Princeton House Behavioral Health

Young Adult Program

North Brunswick

- 888-437-1610
www.princetonhouse.org

Raritan Bay Medical Center (Part of Meridian Health)

- Crisis hotline 24 Hours a Day
732-442-3794
- Emergency Room
732-324-5095
- Crisis Stabilization
732-324-5289
www.rbmc.org/behavioral-health/

Crisis Assessment Response and Enhanced Services (CARES) at Trinitas Regional Medical Center

Cranford

- 1-888-393-3007

Trinitas Hospital Mental Illness & Developmental Disabilities Services

- 1-908-497-0922 (for general information on MI/DD services)
- Or 1-888-393-3007 (for emergencies only)
www.trinitashospital.org

New Jersey Department of Human Services Division of Developmental Disabilities

(Accessed through Perform Care)

Trenton

- 1-877-652-7624 / 800-832-9173
www.nj.gov/humanservices/dd/home

Rutgers UBHC-SATS (Specialized Addiction Treatment Services)

New Brunswick

- 732-235-3440
- 800-969-5300
www.ubhc.rutgers.edu/services/adult/specialized_addiction.html

FAMILY, CHILDREN AND ADOLESCENT SERVICES

Catholic Charities

- Access Center: 1-800-655-9491, 732-257-6100
- 732-646-4255 (Spanish speaking clients)
- Youth Partial Care Program 732-738-1323
www.ccdom.org

Coordinated Family Care

(Middlesex Care Management Organization)

- To access services, must call Perform Care:
1-877-652-7624
www.coordinatedfamilycare.org

Family Crisis Intervention Unit (FCIU)

To access services, must call Perform Care:

- 1-877-652-7624

Family and Children's Services of Central NJ

New Brunswick and Monroe Township

- 732-545-0366
- 1-609-443-0575
www.facsnj.org

Family Support Center of New Jersey

(Epilepsy Foundation of New Jersey)

- 1-800-336-5843
www.fsc.nj.org

Family Support Organization of Middlesex County

Edison

- 732-287-8701
www.fso.middlesexcounty.net

Fire Watch - A juvenile fire-setting prevention, education and early intervention program

- 732-745-4049

George J. Otowski, Sr. Center for Mental Health Care - Outpatient

Perth Amboy

- 732-442-1666
www.middlesexcountynj.gov

Jewish Family & Vocational Services

Milltown

- 732-777-1940

Monroe

- 609-395-7979
www.jfvs.org

JFK Center for Behavioral Health

- 732-321-7189
www.jfkmc.org

Multicultural Family Institute

Highland Park

- 732-565-9010
www.multiculturalfamily.org

National Alliance for the Mentally Ill (NAMI NJ)

- 732-940-0991
www.naminj.org

NAMI Middlesex County

- 732-745-0709

NJ Child Advocate's Helpline

- 1-877-543-7864
www.childadvocate.nj.org

NJ Division of Child Protection & Permanency (DCP&P)

- 1-877-652-7624
- 732-980-9312 (Western Middlesex)
- 732-376-4700 (Coastal Middlesex)
- 732-287-1840 (Central Middlesex)
www.nj.gov/dcf/about/divisions/dcpp

Perform Care – Contracted Systems

Administrator (CSA)

- 1-877-652-7624
www.performcarenj.org/

Princeton House Behavioral Health

North Brunswick

- 888-437-1610 (Outpatient-children & adolescents)

Princeton

- 800-242-2550 (Inpatient)
www.princetonhouse.org

Raritan Bay Medical Center (Part of Meridian Health)

- Crisis hotline 24 Hours a Day
732-442-3794
- Emergency Room
732-324-5095
- Crisis Stabilization
732-324-5289
www.rbmc.org/behavioral-health

Rutgers Graduate School of Psychology

Psychological Services Clinic

Piscataway

- 848-445-6111
www.gsappweb.rutgers.edu/clinic/

Rutgers UBHC

- Coordinated Specialty Care (CSC) – First Episode Psychosis Program
- 732-235-2868
- FASI (Family Access to Support & Information) Outpatient
- 800-969-5300
www.ubhc.rutgers.edu

St. Peter's University Hospital – For Keeps Family Health Center

Pediatric Psychiatric Services

- 732-565-5494
www.saintpetersuh.com

Stress Care of NJ

Matawan & Manalapan

- 732-679-4500
www.stresscareclinic.com

Summit Oaks Hospital

Summit

- 1-800-753-5223
www.summitoakshospital.com