

## **SENIOR HEALTH & FITNESS WALK 2023**

September 20 Roosevelt Park, Edison 10:00 AM - 1:00 PM

To register, contact your local senior center or Email: mcoads.events@co.middlesex.nj.us Call: 732-745-3295

## Registration is required by September 4

Please bring a nonperishable food donation in support of REPLENISH and the food pantries in Middlesex County.





**Wellness Info Health Screenings Boxed Lunches Raffles T-Shirts Entertainment** 









