



# Aging & Disabled Resource Connection Directory



**LAILA CAUNE**

Director

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**OFFICE OF AGING & DISABLED SERVICES**

75 Bayard Street, 5<sup>th</sup> Floor, New Brunswick, NJ 08901

**Tel: 732-745-3295**

**Toll Free: 1-877-222-3737**

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 **MIDDLESEX**

C O U N T Y • N J

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

# Need a little help?

Find the resources you need quickly and easily

**Find Programs**

**Connect to Services**

**Apply for Benefits**

**View Hours and Locations**



[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

*Because everyone needs a little help sometimes.*



# ¿Necesita un poco de ayuda?

Encuentra y conéctate con los recursos que necesitas de manera rápida y sencilla

**Búsqueda de Programas**

**Conectarse con Servicios**

**Aplicación para Beneficios**

**Ver Horas de Servicio y Ubicaciones**



[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

*Porque a veces todos necesitamos un poco de ayuda!*



The Aging & Disability Resource Connection, or ADRC, serves as your doorway to programs and services for senior citizens and adults with physical disabilities.

Made possible by federal grants, the ADRC was established to provide “one-door” access to services that will help people age in place. The ADRC provides limited direct access to resources and services and provides information about and/or answers to a wide range of questions and concerns.

The ADRC is designed to foster the independence and dignity of individuals at least sixty years of age or individuals living with physical disability, regardless of financial status by providing the assistance they need to access a broad array of programs which will help prolong self-sufficiency.

You can call one phone number within the county for information about programs and services for your particular needs and circumstances. These services include: information, referral and assistance, benefits screening for program eligibility and care management.

ADRC trained staff will provide assistance that promotes wellness, independence, dignity and personal choice.

[www.adrcnj.com](http://www.adrcnj.com)

**1-877-222-3737**

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## ADULT DAY CARE

### **2<sup>nd</sup> Home Adult Medical Day Care**

420 Fayette Street  
Perth Amboy, NJ 08861  
732-826-8012  
[www.2ndhome.org](http://www.2ndhome.org)

Bilingual Staff

### **Always at Home**

8A Jocama Boulevard  
Old Bridge, NJ 08857  
732-591-9155

### **Buckingham Place Adult Day Center & Home Health Care**

700 Wood Lane  
Monmouth Junction, NJ 08852  
732-329-8954 ext. 1  
[www.buckinghamplace.net](http://www.buckinghamplace.net)

### **Circle of Life Adult Day Centers**

3000 Hadley Road  
South Plainfield, NJ 07080  
732-839-3333

### **Edison Adult Medical Day Care Center**

1655-150 Oak Tree Road  
Edison, NJ 08820  
732-494-1001

### **Elderday JFS of Middlesex County**

32 Ford Avenue, 2<sup>nd</sup> Floor  
Milltown, NJ 08850  
732-777-1940  
[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

### **Golden Era Medical Adult Day Care**

36 Meridian Road  
Edison, NJ 08820  
732-549-2273

### **Golden Path Adult Medical Day Care, Inc.**

50-52 Charles Street  
New Brunswick, NJ 08901  
732-640-1122

### **Graceland Adult Medical Day Care**

316 Madison Avenue  
Perth Amboy, NJ 08861  
732-791-4888

### **Grace Senior Care**

217-225 Durham Avenue  
Perth Amboy, NJ 08861  
732-826-0680

### **Harmony Adult Medical Day Care Center**

220 Centennial Avenue  
Piscataway, NJ 08854  
732-667-5527

### **Iselin Adult Day Care Center**

477 Lincoln Highway  
Iselin, NJ 08830  
732-283-1373

### **JFK Adult Medical Day Program**

3 Progress Street - Suite 103  
Edison, NJ 08820  
908-912-1910  
[www.jfkhartwyck.org](http://www.jfkhartwyck.org)

### **Just Home Medical Adult Day Care Center**

7 Edgeboro Road  
East Brunswick, NJ 08816  
732-432-9990  
[www.jhcare.org](http://www.jhcare.org)

### **Just Like Home**

426 Raritan Street  
Raritan Center  
Sayreville, NJ 08872  
732-721-9200

**Nirvana Adult Day Care**  
2050 Oak Tree Road  
Edison, NJ 08820  
848-200-7343

**Parker at Monroe Adult Day Center**  
200 Overlook Drive  
Pondview Plaza  
Monroe Township, NJ 08831  
609-655-6853  
www.parkerlife.org

**Parker at the Pavilliaon Adult Day Center**  
443 River Road  
Piscataway, NJ 08854  
732-565-2400  
www.parkerlife.org

**Princeton Adult Day Care**  
2245 Rt. 130 S, Suite 106  
Dayton, NJ 08810  
732-783-7997  
www.princetonsaduldaycare.com

**Second Inning Adult Day Care Center**  
1501 Livingston Avenue  
North Brunswick, NJ 08902  
732-626-5544

**Sewa Adult Day Care**  
1020 Rt. 18 N, Suite M  
East Brunswick, NJ 08816  
732-210-2727

**South Amboy Adult Day Health Care Center**  
540 Bordentown Avenue  
South Amboy, NJ 08879  
732-389-6448  
www.southamboyadhcc.com

**Sterling Adult Day Services**  
120 North Center Drive  
North Brunswick, NJ 08902  
732-951-2020

**Sunny Days Adult Day Care Center**  
1 Ethel Road, Suite 106 C  
Edison, NJ 08817  
732-791-4888  
www.sunnydaysaduldaycare.com

**Vatsalya Adult Day Care**  
1412 Stelton Road, Unit 6-10  
Piscataway, NJ 08854  
732-331-8966

**Vcare Adult Center**  
121 Ethel Road West  
Piscataway, NJ 08854

## ALCOHOL PROGRAMS & COUNSELING

**Alcoholics Anonymous (A.A.)**  
800-245-1377  
www.aa.org

**ALA-CALL/Substance Abuse**  
NJ State Hotline 800-322-5525  
www.snj.com/ala-call

An information and referral hotline for NJ residents with alcohol and drug problems. A trained volunteer will provide information about meeting times and location for self-help groups. Information is available concerning counseling, hospitalization and treatment facilities which cover the entire State of NJ. Also service for non-English speakers.

**Crisis Hotline - Raritan Bay**  
732-442-3794  
www.rbmc.org/behavioral-health  
Raritan Bay Medical Center  
530 New Brunswick Avenue  
Perth Amboy, NJ 08861

Provides assistance with crisis for mental health and substance abuse.

### **Carrier Foundation**

**252 County Road  
Belle Mead, NJ 08502  
800-933-3579 (24 hrs/7 days)  
www.carrierclinic.org**

Private, nonprofit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Outpatient centers are located in South Plainfield, Freehold, Paramus, Belle Mead, Hamilton and Toms River. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

### **Daytop NJ at Crawford House (Women)**

**362 Sunset Road  
Skillman, NJ 08558  
908-874-5153  
www.daytopnj.org/crawford/**

Halfway house for female residents of New Jersey for alcoholism treatment and other drug dependencies.

### **Middlesex County Office of Human Services Division of Addictions & Mental Health Planning**

**75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
732-745-4091  
www.middlesexcountynj.gov**

Coordinates alcohol and drug programs throughout Middlesex County.

### **Intoxicated Driver Resource Center**

**P.O. Box 30  
New Brunswick, NJ 08903  
732-745-4500  
732-745-4464, Bilingual Spanish**

### **New Hope Foundation**

**80 Conover Road  
Marlboro, NJ  
732-946-3030 or  
800-705-HOPE (4673)  
www.newhopeibhc.org**

Intensive outpatient and inpatient rehab. for alcoholism, substance abuse, and compulsive gambling.

### **Open Door New Hope Foundation 2-4 New and Kirkpatrick Street New Brunswick, NJ 08901 732-246-4800**

Provides outpatient counseling, group therapy, education, and evaluation. AA & NA meetings.

### **Wellspring Center for Prevention**

**620 Cranbury Road, Suite 105  
East Brunswick, NJ 08816  
732-254-3344 HelpLine  
www.wellspringprevention.org**

Provides prevention, education, information and referral services.

## ALZHEIMER'S PROGRAMS

**“A Day Away” Jewish Family Services of Middlesex County**  
52 Concordia Shopping Center  
Monroe Township, NJ 08831  
609-395-7979

Social activities and monthly support group for those with Alzheimer's and other memory problems.

**Alzheimer's New Jersey**  
425 Eagle Rock Avenue, Suite 203  
Roseland, NJ 07068  
973-568-4300 or 1-800-280-6055  
Helpline 888-280-6055  
[www.alznj.org](http://www.alznj.org)

- Information and Referral
- Family caregiver support groups
- Safe Return program
- Respite information

**Alzheimer's Association**  
225 North Michigan Avenue, Fl. 17  
Chicago, IL 60601  
800-272-3900  
[www.alz.org](http://www.alz.org)

Provides educational information and links families to local programs.

**Alzheimer's Foundation of America**  
National Toll Free Helpline  
866-232-8484  
[www.alzfdn.org](http://www.alzfdn.org)

**Care 2 Caregivers COPSA**  
151 Centennial Avenue  
Piscataway, NJ 08854  
800-424-2494  
[www.care2caregivers.com](http://www.care2caregivers.com)

Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

**Elderday**  
JFS of Middlesex County  
Highland Park Conservative Temple  
201 South 3<sup>rd</sup> Avenue  
Highland Park, NJ 08904  
732-777-1940  
[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

A specialty program for those with memory loss. Caregivers group available. Tues. – Fri., 9am - 2pm

**Buckingham Place Adult Day Center & Home Health Care**  
700 Woods Lane  
Monmouth Junction, NJ 08852  
732-329-8954 ext. 1  
[www.buckinghamplace.net](http://www.buckinghamplace.net)

**COPSA Alzheimer's Resource Center RUBHC**  
100 Metroplex Drive  
Suite 200  
Edison, NJ 08817  
800-424-2494  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)



# ASSISTED LIVING RESIDENCES

## EAST BRUNSWICK

**The Chelsea at East Brunswick**  
606 Cranbury Road  
East Brunswick, NJ 08816  
732-475-0502  
[www.chelseaseniorliving.com](http://www.chelseaseniorliving.com)

**Sunrise of East Brunswick**  
190 Summerhill Road  
East Brunswick, NJ 08816  
732-613-1355  
[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

## EDISON

**Brighton Gardens of Edison**  
1801 Oak Tree Road  
Edison, NJ 08820  
732-767-1031  
[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)

**Heritage at Clara Barton**  
1015 Amboy Avenue  
Edison, NJ 08837  
732-225-5990  
[www.geneshihcc.com](http://www.geneshihcc.com)

**Whispering Knoll**  
62 James Street  
Edison, NJ 08820  
732-744-5541  
[www.whisperingknoll.org](http://www.whisperingknoll.org)

## HIGHLAND PARK

**Parker at Stonegate**  
443 River Road  
Highland Park, NJ 08904  
732-565-2500  
[www.parkerlife.org](http://www.parkerlife.org)

## MONROE TOWNSHIP

**Brookdale Monroe**  
380 Forsgate Drive  
Monroe Township, NJ 08831  
609-409-7525  
[www.brookdale.com](http://www.brookdale.com)

**Monroe Village Assisted Living**  
One David Brainerd Drive  
Monroe Township, NJ 08831  
732-521-6400  
[www.monroevillageonline.org](http://www.monroevillageonline.org)

**The Chelsea at Forsgate**  
319 Forsgate Drive  
Monroe Township, NJ 08831  
732-656-1000  
[www.chelseaseniorliving.com](http://www.chelseaseniorliving.com)

## OLD BRIDGE

**The Reformed Church Home**  
1990 Rt. 18 North  
Old Bridge, NJ 08857  
732-607-9230  
[www.reformedchurchhome.com](http://www.reformedchurchhome.com)

## PLAINSBORO

**Atrium Senior Living of Princeton**  
1000 Windrow Drive  
Princeton, NJ 08540  
609-514-9111

## **SOUTH BRUNSWICK**

### **Brandywine Living at Princeton**

**155 Raymond Road  
Princeton, NJ 08540  
732-733-4239  
www.brandycare.com**

## **WOODBIDGE**

### **St. Joseph's Assisted Living**

**1 -3 St. Joseph's Terrace  
Woodbridge, NJ 07095  
732-634-0004  
www.stjosephseniorhome.org**

## **CAREGIVING RESOURCES**

### **AARP Family Caregiving**

**www.aarp.org/caregiving/basics**

Caregiving information & resources for family caregivers.

### **Care 2 Caregivers**

**151 Centennial Avenue  
Piscataway, NJ 08854  
800-424-2494**

**www.care2caregivers.com**

Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

### **Caregiver Action Network**

**Caregiver Help Desk  
1-855-CARE-640**

**www.caregiveraction.org**

### **The Family Resource Network**

**1 AAA Drive, Suite 203  
Trenton, NJ 08691  
800-376-2345 or 609-392-4900  
www.familyresourcenetwork.org**

### **Family Support Center of NJ**

**35 Beaverson Boulevard, Bldg. 11  
Brick, NJ 08723  
800-372-6510  
www.fscnj.org**

### **National Caregivers Library**

**www.caregiverslibrary.org**

One of the largest sources of tools for caregivers.

### **Statewide Respite Care Program Middlesex County Office of Aging and Disabled Services**

**75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
732-745-3295**

**www.state.nj.us**

A program designed to provide assistance by giving unpaid caregivers a break from their daily responsibility of caring for an elderly or disabled friend or relative. This allows the caregiver to attend to their personal matters, medical appointment, shopping, or vacations. Applicants must meet eligibility guidelines.

## FOOD PANTRIES & COMMUNITY SERVICES

These organizations provide food and/or outreach services free of charge to persons with limited resources in need of emergency assistance in their respective communities.

**Middlesex County  
Food Organization and  
Outreach Distribution Services  
(M.C.F.O.O.D.S.)**  
c/o MC Improvement Authority  
101 Interchange Plaza  
Cranbury, NJ 08512  
732-729-0880  
[www.mciauth.com/mcfoods.htm](http://www.mciauth.com/mcfoods.htm)

Provides referrals to food pantries and soup kitchens throughout the County that offer assistance to Middlesex County Residents.

**Fish Inc.**  
456 New Market Road  
Piscataway, NJ 08854  
732-968-5957  
[www.fishhospitality.org](http://www.fishhospitality.org)

Emergency food, clothing, furniture, blankets, special needs for the elderly.

**Jewish Family Services of  
Middlesex County**  
32 Ford Avenue  
Milltown, NJ 08850  
732-777-1940  
[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

Food distribution.

**American Red Cross  
of Central New Jersey**  
707 Alexander Road, Suite 101  
Princeton, NJ 08540  
609-951-8550  
[www.redcross.org](http://www.redcross.org)

Food Vouchers available to those affected by disasters.

**Elijah's Promise**  
18 Neilson Street  
New Brunswick, NJ 08901  
732-545-9002  
[www.elijahspromise.org](http://www.elijahspromise.org)

Lunch: Mon-Fri 11am-12:15pm  
Dinner: Mon-Fri 6pm-7pm  
Dinner: Sat/Sun 3:30pm-4:30pm

Prepared meals, health services, educational services, counseling and general assistance.

**The Salvation Army**  
287 Handy Street  
P.O. Box 5724  
New Brunswick, NJ 08901  
732-545-1477  
[www.newjersey.salvationarmy.org](http://www.newjersey.salvationarmy.org)

Food Pantry, Appointment  
Required.

**The Salvation Army**  
433 State Street  
Perth Amboy, NJ 08861  
732-826-7040  
[www.newjersey.salvationarmy.org](http://www.newjersey.salvationarmy.org)

Food pantry, lunch program, and emergency winter shelter. Lunch is available Monday -Friday, the last 10 days of every month.

## Consumer Information

**Better Business Bureau  
of Central Jersey**  
1262 Whitehorse-Hamilton Square  
Road – Suite 202  
Hamilton Twp., NJ 08690  
609-588-0808  
[www.bbb.org](http://www.bbb.org)

**Middlesex County Department of  
Public Safety & Health**  
**Division of Consumer Affairs and  
Weights & Measures**  
77 Apple Orchard Lane  
North Brunswick, NJ 08902  
732-398-2302  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Federal Trade Commission  
Consumer Response Center**  
877-FTC-HELP (382-4357)  
[www.ftc.gov](http://www.ftc.gov)

To report fraud and to obtain information about avoiding consumer scams.

**National Consumers League**  
[www.Fraud.org](http://www.Fraud.org)

**NJ Division of Consumer Affairs**  
124 Halsey Street  
Newark, NJ 07102  
800-242-5846 / 973-504-6200  
[www.njconsumeraffairs.gov](http://www.njconsumeraffairs.gov)  
**NJ Board of Public Utilities**  
**Division of Customer Relations**  
800-624-0241  
[www.bpu.state.nj.us](http://www.bpu.state.nj.us)

Complaints concerning utilities.

**NJ Department of Treasury**  
**Division of Taxation**  
[www.state.nj.us/treasury/taxation](http://www.state.nj.us/treasury/taxation)

**NJ - Office of Insurance  
Fraud Prosecutor**  
877-55 Fraud (553-7283)  
[www.nj.gov/oag/insurancefraud/](http://www.nj.gov/oag/insurancefraud/)

## Counseling & Mental Health

**Carrier Foundation**  
252 County Road 601  
Belle Mead, NJ 08502  
800-933-3579 24-hours / 7 days  
[www.carrierclinic.org](http://www.carrierclinic.org)

Private, non-profit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

**Catholic Charities Family Service  
Center**  
288 Rues Lane  
East Brunswick, NJ 08816  
732-257-6100  
[www.ccdom.org](http://www.ccdom.org)

26 Safran Avenue  
Edison, NJ 08837  
732-738-1323

319 Maple Street  
Perth Amboy, NJ 08861  
732-324-8200

Provides counseling, psychiatric and psychological services.

**COPSA - University Behavioral  
Healthcare**

**100 Metroplex Drive  
Edison, NJ 08817  
1-800-969-5300 (for appointments)  
732-235-8400 (information)  
www.ubhc.rutgers.edu/**

Provides counseling services for adults. Psychiatric & medication evaluation, support groups, case management, and home visits.

**George J. Otlowski, Sr. Center  
for Mental Health Care**

**570 Lee Avenue  
Perth Amboy, NJ 08861  
732-442-1666  
www.middlesexcountynj.gov**

Offers treatment for a wide range of emotional disorders, including anxiety, depression, marital, family and other problems of daily living.

The center serves Middlesex County residents of all ages.

**Jewish Family Services  
of Middlesex County**

**32 Ford Avenue, 2<sup>nd</sup> Floor  
Milltown, NJ 08850  
732-777-1940  
www.jfsmiddlesex.org**

**52 Concordia Shopping Center  
Monroe Township, NJ 08831  
609-395-7979**

Provides a range of counseling, support groups and multi-services for seniors.

**Middlesex County Office of  
Human Services**

**Division of Addictions and  
Mental Health Planning  
75 Bayard Street  
New Brunswick, NJ 08901  
732-745-3280  
www.middlesexcountynj.gov**

Provides information and referral services for behavioral health, mental health and addictions programs.

**Princeton House Behavioral  
Health Services**

**Senior Link Program  
1460 Livingston Avenue  
Building 100  
North Brunswick, NJ 08902  
732-729-3600 or 3636/  
1-888-437-1610  
www.princetonhcs.org**

Outpatient center that provides intensive, structured mental health care to seniors 65 and older with a variety of psychiatric disorders.

**Dental  
Programs**

**Senior Dental Program  
NJ Dental Association  
1 Dental Plaza  
North Brunswick, NJ 08902  
732-821-9400  
www.njda.org**

A service for seniors to receive a 15% reduction from participating dentists. Eligibility is based on PAAD guidelines & is for those who do not have Medicaid or dental insurance.

**Dental Home Services, LLC**  
**1-800-842-4663**  
**www.dentalhomeservices.com**

For patients who have trouble receiving dental care due to health and/or mobility issues. Private insurance is accepted but not Medicaid. House call fee of \$85.

**Donated Dental Services  
Dental Lifeline Network**  
**PO Box 2117**  
**Edison, NJ 08818-2117**  
**732-821-3056**  
**www.dentallifeline.org**

If you have a permanent disability, are over 65 years old, or are medically compromised, and don't have enough money to pay for dental care, you may qualify for free treatment through the DDS program.

**Middlesex County College  
Dental Hygiene Clinic**  
**L'Hommedieu Hall - Room 164**  
**2600 Woodbridge Avenue**  
**Edison, NJ 08818**  
**732-906-2536**  
**www.middlesexcc.edu**

A student clinic that offers seniors a complete dental exam including cleaning and oral cancer screening for a \$5 fee. Please allow sufficient time for the completion of treatment. By appointment only.

**Eric B. Chandler Health Center  
Dental Department**  
**277 George Street**  
**New Brunswick, NJ 08901**  
**732-235-6700**  
**www.rwjms.rutgers.edu**

Fee based on a sliding scales; accepts Medicaid and private insurance.

**JFK Medical Center Dental Clinic**  
**65 James Street**  
**Edison, NJ 08820**  
**732-321-7608**  
**www.jfkmc.org**

By appointment only, fees are on a sliding scale.

**The Relaxing Smile - Mobile  
Dentistry**  
**505 Stillwells Corner Road**  
**Suite C2**  
**Freehold, NJ 07728**  
**732-915-2740**  
**www.therelaxingsmile.com**

For patients that are homebound, handicapped, or unable to get to the office.

**New Jersey Dental Association  
Homebound Program**  
**800-831-NJDA (6532)**  
**www.njda.org**

Patients or caregivers in need of a dental visit to their home should call to be connected with dentists who make house calls.

## Disability Services

**Alliance Center for Independence**  
**629 Amboy Avenue**  
**Edison, NJ 08837**  
**732-738-4388**  
**732-738-9644 TTY**  
**www.adacil.org**

Resource center, information and referral, advocacy, training, group peer sharing, and case management.

**Arc of New Jersey**  
985 Livingston Avenue  
North Brunswick, NJ 08902  
732-246-2525  
[www.arcnj.org](http://www.arcnj.org)

**Arc of Middlesex County**  
219 Black Horse Lane  
North Brunswick, NJ 08902  
732-821-1199  
[www.arc-middlesex.org](http://www.arc-middlesex.org)

Enhance the quality of life and advocate for people with disabilities in New Jersey.

**Disability Rights NJ**  
210 South Broad Street, 3<sup>rd</sup> Floor  
Trenton, NJ 08608  
609-292-9742/800-922-7233  
TTY: 609-633-7106  
[www.drnj.org](http://www.drnj.org)

**Disability Services & Advocacy LLC**  
P.O. Box 395  
South River, NJ 08882  
732-238-6133  
[www.dsausa.net](http://www.dsausa.net)

**Easter Seal Society of NJ**  
25 Kennedy Blvd. – Suite 600  
East Brunswick, NJ 08816  
732-257-6662  
[www.easterseals.com/nj/](http://www.easterseals.com/nj/)

**Everas Community Services, Inc.**  
24K Worlds Fair Drive  
Somerset, NJ 08873  
732-805-1912 (V/TTY)  
[www.everas.org](http://www.everas.org)

Provides information and referral for people with disabilities. Coordinates vocational workshops and training centers.

**Middlesex County Office of Aging and Disabled Services**  
75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
732-745-3295  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**NJ Commission for the Blind and Visually Impaired**  
153 Halsey Street, 6<sup>th</sup> Floor  
P.O. Box 47017  
Newark, NJ 07101-47017  
973-648-3333 or 877-685-8878  
[www.state.nj.us/humanservices/](http://www.state.nj.us/humanservices/)

**Vocational Rehab Program**  
973-648-7504

Vocational Rehab Services are designed to assist persons who are blind, visually impaired, or deaf-blind, to develop/update skills that will enable them to secure employment.

**NJ Division of Deaf and Hard of Hearing**  
P.O. Box 074  
Trenton, NJ 08625-0074  
609-588-2648  
[www.nj.gov/humanservices/ddd](http://www.nj.gov/humanservices/ddd)

**NJ Division of Developmental Disabilities**  
222 South Warren Street  
Trenton, NJ 08608  
800-832-9173  
[www.nj.gov/humanservices/dds](http://www.nj.gov/humanservices/dds)

**NJ Division of Disability Services**  
11A Quaker Bridge Plaza  
Mercerville, NJ 08619  
888-285-3036 / 609-292-7800  
609-262-1210 (TDD)  
[www.nj.gov/humanservices/dds](http://www.nj.gov/humanservices/dds)

**PASP Personal Assistance  
Service Program**

**Middlesex County Office of Aging  
and Disabled Services**

**75 Bayard Street - 5<sup>th</sup> Floor**

**New Brunswick, NJ 08901**

**732-745-3295**

**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

PASP provides routine, non-medical assistance to adults with disabilities who are employed, attending school or involved in community volunteer work.

**Domestic  
Violence**

**Statewide Domestic Violence  
Information Hotline**

**1-800-572-SAFE (7233)**

**[www.nj.gov/dcf](http://www.nj.gov/dcf)**

Information on people's rights, access to emergency care, shelter, and personal counseling.

**Women Aware Inc.**

**250 Livingston Avenue**

**New Brunswick, NJ 08901**

**732-249-4900**

**732-249-0600 (TTY)**

**24 Hour Hotline-732-249-4504**

**[www.womenaware.net/](http://www.womenaware.net/)**

Offers free confidential services to abused women and their families. Services include shelter, counseling, information, referral and advocacy.

**The Legal Services of NJ Domestic  
Violence Representation Project  
(DVRP) 732-572-9100**

**888-576-5529**

Provides direct representation, referral, and advice to low-income women, including those victimized by family members and caregivers

**Office of Victim/Witness Advocacy  
Middlesex County Prosecutor's  
Office**

**25 Kirkpatrick Street, 3<sup>rd</sup> Floor**

**New Brunswick, NJ 08901**

**732-745-3394**

**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Victim support includes an escort, a companion in court, transportation, counseling on the legal process, and help in filing for the Victim's Compensation Fund.

**The Legal Services of NJ  
Domestic Violence  
Representation Project (DVRP)**

**732-572-9100**

**[www.lsnjlaw.org](http://www.lsnjlaw.org)**

Provides direct representation, referral, and advice to low-income women, including those victimized by domestic violence.



## Education

**Higher Education Student Assistance Authority**  
800-792-8670 or 609-584-4480  
[www.hesaa.org](http://www.hesaa.org)

Information on financial aid, grants and loans for education.

**Middlesex County College**  
2600 Woodbridge Avenue  
Edison, NJ 08818  
732-548-6000

Middlesex County residents who are 65 years or older, may take courses on a space-available basis and have the tuition waived.

**NJ Virtual University**  
[www.njvu.org](http://www.njvu.org)

**Middlesex County Vocational & Technical High Schools**  
[www.mcvts.net](http://www.mcvts.net)

**East Brunswick Vocational High School**  
112 Rues Lane  
East Brunswick, NJ 08816  
732-254-8700

**Edison Academy**  
100 Technology Dr.  
Edison, NJ 08837  
732-452-2600

**New Brunswick Vocational High School**  
256 Easton Avenue  
New Brunswick, NJ 08901  
732-247-3832

**Perth Amboy Vocational High School**  
618 New Brunswick Avenue  
Perth Amboy, NJ 08861  
732-442-9595

**Piscataway Vocational High School**  
21 Suttons Lane  
Piscataway, NJ 08854  
732-985-0717

**Woodbridge Academy**  
1 Convery Blvd.  
Woodbridge, NJ 07095  
732-634-5858

Adult education programs available.

## Elder Abuse

**Adult Protective Services Middlesex County**  
732-745-3635  
[www.fcsmonmouth.org](http://www.fcsmonmouth.org)

**Mailing Address:**  
Family and Childrens Services  
191 Bath Avenue  
Long Branch, NJ 07740

Evaluates referrals of abuse, neglect, and exploitation of vulnerable adults who reside in a community setting.

**NJ Department of Health Facilities, Evaluation and Licensing Complaint Hotline**  
1-800-792-9770  
[www.state.nj.us/health/healthfacilities](http://www.state.nj.us/health/healthfacilities)

For complaints or to report an incident concerning: nursing homes, assisted living, residential health care facilities, personal care home, medical day care, hospitals, hospice agencies, home health agencies, dialysis centers.

**Office of the Ombudsman for the Institutionalized Elderly**

**24-Hour Hotline**  
**1-877-582-6995**  
[www.state.nj.us/ooie/](http://www.state.nj.us/ooie/)

Receives and investigates complaints of suspected abuse or exploitation of elderly people in institutions.

**Emergency Assistance**

**American Red Cross of Central New Jersey**  
**707 Alexander Road, Suite 101**  
**Princeton, NJ 08540**  
**609-951-8550**  
[www.redcross.org](http://www.redcross.org)

Services residents of Middlesex, Hunterdon, Mercer, and Somerset Counties.

**Middlesex County Office of Emergency Management & Preparedness**  
**Emergency Services Center**  
**1001 Fire Academy Drive**  
**Sayreville, NJ 08872**  
**732-316-7100**  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Employment/Vocational Rehabilitation/Volunteer**

**Middlesex County Workforce Development**  
**550 Jersey Avenue**  
**New Brunswick, NJ 08901**  
**732-745-3970**

**161 New Brunswick Avenue**  
**Perth Amboy, NJ 08861**  
**732-826-3200**  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

Program offers schooling and training.

**NJ State Department of Labor Division of Vocational Rehabilitation Service**  
**Middlesex Office**  
**550 Jersey Avenue**  
**New Brunswick, NJ 08901**  
**732-937-6206**  
[www.careerconnections.nj.gov](http://www.careerconnections.nj.gov)

The Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

**NJ WINS (NJ Work Incentive Network Support)**  
**866-946-7465**  
[www.njwins.org](http://www.njwins.org)

NJ WINS provides NJ residents who receive SSDI, SSI, or Medicaid with cost-free informational and technical assistance to make choices about accepting employment or increasing work hours.

**NJ Workability**  
**1-888-285-3036**  
**www.state.nj.us**

The workability program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay small premium and receive full NJ Medicaid coverage. To be eligible one must meet certain eligibility/income criteria.

**Raritan Valley Easter Seals**  
**25 Kennedy Blvd., Suite 600**  
**East Brunswick, NJ 08816**  
**732-257-6662**  
**www.easterseals.com**

Offers vocational rehabilitation to the handicapped through evaluation, training and provision of competitive employment.

**JFK Johnson Rehabilitation Institute**  
**65 James Street**  
**Edison, NJ 08818-3059**  
**732-321-7069**  
**www.jfkmc.org**

Professional Office Skill Training (POS) is a 26-week course available to handicapped persons who meet eligibility guidelines.

**RSVP 55+ Volunteer Program**  
**JFS of Middlesex County**  
**32 Ford Avenue, 2<sup>nd</sup> Floor**  
**Milltown, NJ 08850**  
**732-777-1940**  
**www.jfsmiddlesex.org/rsvp-volunteers**

**Senior Community Service Employment Program**  
**Title V – Workforce 55+**  
**550 Jersey Avenue**  
**New Brunswick, NJ 08901**  
**732-937-6206**  
**www.careerconnections.nj.gov**

Assists individuals 55 years of age or over with their employment and training needs. Individuals must meet income eligibility requirements.

**Middlesex County**  
**One Stop Career Center**  
**550 Jersey Avenue**  
**New Brunswick, NJ 08901**  
**732-937-6206**  
**www.middlesexcountynj.gov**

**161 New Brunswick Avenue**  
**Perth Amboy, NJ 08861**  
**732-826-3200**

Provides free job training, including workshops for resume writing. Interviewing techniques, etc. Career counselors are available to assist in job searching. Computers with internet access are available, as well as printers, fax machines and copy machines.

**Displaced Homemaker Center**  
**Jewish Family Services**  
**of Middlesex County**  
**32 Ford Avenue, 2<sup>nd</sup> Floor**  
**Milltown, NJ 08850**  
**732-777-1940**  
**www.jfsmiddlesex.org**

Provides job counseling, training and placement, and financial management services.

## Energy Assistance

### Low Income Home Energy Assistance Program (LIHEAP)

#### PRAB/LIHEAP

90 Jersey Avenue  
New Brunswick, NJ 08903-0240  
732-828-4510  
[www.energyassistance.nj.gov](http://www.energyassistance.nj.gov)

This program assists eligible low-income individuals with a benefit towards heating and cooling costs. Must meet eligibility guidelines.

#### Lifeline Program

P.O. Box 715  
Trenton, NJ 08625-0715  
800-792-9745  
[www.state.nj.us](http://www.state.nj.us)

Lifeline is a utility assistance program that offers \$225 annual benefit in the form of credit on utility bill for eligible beneficiaries.

Call for eligibility.

#### New Jersey Citizen Action Oil Group

1-800-464-8465  
[www.njcaoilgroup.com](http://www.njcaoilgroup.com)

A project of NJ Citizen Action which provides consumers with an alternate to the high cost of home heating fuel by using group purchasing power to negotiate discount prices with heating oil suppliers for their members.

#### New Jersey Comfort Partners

888-773-8326  
[www.njcleanenergy.com](http://www.njcleanenergy.com)

A program to assist eligible low income families save energy and money by making their homes more energy efficient.

#### (NJ SHARES)

#### Statewide Heating Assistance and Referral for Energy Services

1901 North Olden Avenue  
Extension, Suite 1A  
Ewing, NJ 08618  
866-657-4273  
[www.njshares.org](http://www.njshares.org)

Assists income eligibility households in NJ to pay energy, telephone, and water bills.

For information and eligibility guidelines, visit the website at call.

#### Applications are accepted through these agencies:

**Puerto Rican Action Board**  
732-828-4510

**Puerto Rican Association for Human Development**  
732-442-1081

**Catholic Charities**  
732-826-6278

**Payment Assistance for Gas and Electric (PAGE)**

**Puerto Rican Action Board  
PAGE Program  
90 Jersey Avenue  
New Brunswick, NJ 08901  
732-828-4510  
www.njpoweron.org**

This program is designed to help households who are experiencing economic hardship and struggling to pay their electric and natural gas bills. For eligibility requirements call or visit the website.

**Jewish Renaissance Foundation**

**149 Kearny Avenue  
Perth Amboy, NJ 08861  
732-324-2114**

**Universal Service Fund (USF)**

**Puerto Rican Action Board  
90 Jersey Avenue  
New Brunswick, NJ 08901  
1-800-510-3102  
www.energyassistance.nj.gov**

USF helps make energy bills more affordable for low income customers. If you are eligible, USF can lower the amount you have to pay for natural gas and electricity.

**Weatherization**

**Assistance Program (WAP)  
Puerto Rican Action Board  
90 Jersey Avenue  
New Brunswick, NJ 08903  
732-828-4672  
www.energyassistance.nj.gov**

Provides energy conservation measures for eligible low income homeowners by increasing energy efficiency in their homes.

**Financial Assistance**

**Middlesex County  
Board of Social Services  
181 How Lane  
New Brunswick, NJ 08903  
732-745-3500**

**www.middlesexsocialservices.com**

Administers Federal and State public assistance programs, including: Medicaid, SNAP, Child Support & Paternity Programs, TANF, General Assistance, Emergency Assistance, Board and Care Services, Refugee Resettlement Program, Investigative Department.

**United States Department of Agriculture USDA – Rural Development**

**8000 Midlantic Drive, Suite 505  
Mount Laurel, NJ 08054  
856-787-7700**

**www.rd.usda.gov/nj**

Provides loans in rural areas to assist income eligible homeowners in obtaining decent, safe, and sanitary housing. The loans may be used for construction, repair, or purchase of housing in rural areas.

**Verizon Communications**

**Lifeline Service  
888-337-3339**

This program offers discounted local telephone service for qualified low-income residents and seniors 150% or below Federal Poverty Level.

## Geriatric Assessment

### **COPSA Institute for Alzheimer's Disease and Related Disorders RUBHC**

**100 Metroplex Drive - Suite 200  
Edison, NJ 08817  
732-235-8400  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)**

Comprehensive program for evaluation, treatment, and diagnosis of disorders. Medication & behavior management, and clinical drug trials.

### **George J. Otlowski, Sr. Center for Mental Health Care**

**570 Lee Street  
Perth Amboy, NJ 08861  
732-442-1666  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Provides evaluation, diagnosis, treatments and support for the many types of behavioral issues experienced in the aging process. Treats the physical and emotional needs of both patients and their loved ones.

### **Geriatric Evaluation and Management Service (GEMS) Division of Geriatrics Saint Peter's University Hospital**

**Cares Building - 4<sup>th</sup> Floor  
254 Easton Avenue  
New Brunswick, NJ 08901  
732-745-6655  
[www.saintpetershcs.com/  
services/geriatric-medicine](http://www.saintpetershcs.com/services/geriatric-medicine)**

Comprehensive program to treat the physical and psychological needs of persons 60 and over.

## Health Foundations & Associations

**American Cancer Society  
2600 U.S. Hwy. #1  
North Brunswick, NJ 08902  
800-227-2345 / 732-297-8000  
[www.cancer.org](http://www.cancer.org)**

Information, peer support programs, local transportation to treatment, guidance, counseling, equipment loans, and patient supplies.

**National Cancer Institute  
Cancer Information Service  
800-422-6237  
[www.cancer.gov](http://www.cancer.gov)**

**American Diabetes Association  
New Jersey - Bridgewater  
575 Route 28, Bldg. 2, #2107  
1160 Rt. 22E - Suite 103  
Raritan, NJ 08869  
732-469-7979  
[www.diabetes.org](http://www.diabetes.org)**

Provides pamphlets, educational programs, newsletters, referrals, and support groups.

**American Heart Association  
1 Union Street - Suite 301  
Robbinsville, NJ 08691  
800-242-8721 / 609-208-0020  
[www.heart.org](http://www.heart.org)**

Information and referral services, CPR training, patient education programs, nutrition courses, professional education programs, and cardiac support groups.

**American Lung Association  
of New Jersey**  
P.O. Box 10188, #37214  
Newark, NJ 07101  
800-LUNG-USA / 908-685-8040  
www.lung.org

Information and referral services, professional services to consumer and health care providers relating to asthma, tuberculosis, respiratory disease, and environmental health. Low-cost smoking cessation clinics.

**American Parkinson Disease  
Association**  
P.O. Box 910  
New Brunswick, NJ 08903  
732-745-7520 / 800-223-2732

Provides information and resources, education programs, newsletters, support groups and speakers.

**Arthritis Foundation**  
555 Route 1 South - Suite 220  
Iselin, NJ 08830  
1-844-571- HELP (4357)  
732-283-4300  
www.arthritis.org/new-jersey

Provides information and referrals, support groups, self-help courses, water exercise and fitness programs, and speakers for community groups.

**Deborah Hospital Foundation**  
212 Trenton Road  
Browns Mills, NJ 08015  
609-893-0100  
www.deborahfoundation.org

Correction of operable heart defects and treatment of all lung disease without any restriction of race, religion or ability to pay.

**Epilepsy Foundation  
National Information Center**  
1 AAA Drive #203  
Trenton, NJ 08691-181  
800-336-5843  
www.epilepsy.com

**Muscular Dystrophy Association**  
25 E. Spring Valley Avenue #210  
Maywood, NJ 07607  
201-843-4452  
www.mda.org

Registered clients can obtain free diagnosis and follow-up care at the JFK Medical Center in Edison, College Hospital and United Hospital in Newark and at Monmouth Medical. DA clinics provide initial diagnosis and comprehensive services inclusive of orthopedic aids, flu inoculation, and recreational outings.

**National Osteoporosis Foundation**  
703-647-3000  
800-231-4222  
www.nof.org

## Hearing

**Clear Captions**  
1-866-868-8695  
www.clearcaptions.com

Clear Captions offers telephones with real-time captioning for someone with hearing loss at no cost.

**Hearing Aid Assistance to the  
Aged and Disabled (HAAAD)**  
NJ Department of Human Services,  
Division of Aging Services  
P.O. Box 715  
Trenton, NJ 08625-0715  
800-792-9745  
www.state.nj.us

Provides a \$100 reimbursement to eligible persons who purchase a hearing aid. Must be enrolled in PAAD or Lifeline program. Call or visit website for eligibility criteria.

### **Hearing Aid Dispenser Examiners Committee**

**P.O. Box 45038  
Newark, NJ 07101  
973-504-6331**

**[www.njconsumeraffairs.gov](http://www.njconsumeraffairs.gov)**

Regulates the practice of hearing aid dispensers in the state of New Jersey.

### **Hearing Aid Helpline**

**800-521-5247**

Provides a free kit of consumer information.

### **Hear NOW**

**800-328-8602**

Assists people who are deaf or hard of hearing and who have no resources to acquire hearing aids. Hear Now also collects hearing aids for recycling purposes.

### **NJ Division of Deaf and Hard of Hearing**

**P.O. Box 074  
Trenton, NJ 08625-0074  
800-792-8339  
609-984-7281 (TTY)  
[www.state.nj.us/humanservices/ddhh/](http://www.state.nj.us/humanservices/ddhh/)**

Provides interpreter referral service, information and referral hotline, telephone equipment. Also provides advocacy, employment/vocational opportunities, and assists with social, legal, medical, educational & recreational issues.

## **Homecare Services**

### **Princeton Home Care (PHCS)**

**88 Princeton-Hightstown Road  
Suite 202**

**Princeton Junction, NJ 08550  
609-497-4900**

**[www.princetonhcs.org](http://www.princetonhcs.org)**

Services include skilled nursing, physical, occupational, speech and home infusion therapy, medical social service, and home health aides.

### **Middlesex County Office of Aging and Disabled Services**

**75 Bayard Street, 5<sup>th</sup> Floor  
New Brunswick, NJ 08901**

**732-745-3295 or 1-877-222-3737**

**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Through various County and State programs, in-home support services are available for those who qualify through the following programs: JACC, MCMAP, MLTSS, The Statewide Respite Program and PASP.

The following services may be obtained through these programs:

Home Health Aide Services

Social/Medical Adult Day Care

Chore Services

Medical Transportation

Medical Equipment & Supplies

Personal Emergency Response System



Environmental Modification/  
Barrier Free

In Patient Medical

All programs have specific financial criteria and special requirements to be met in order to qualify. Call for a screening to determine eligibility.

**Robert Wood Johnson  
Visiting Nurse  
VNA of Central Jersey  
972 Shoppes Boulevard  
North Brunswick, NJ 08902  
800-400-0981  
[www.vnahg.org/robert-wood-johnson-visiting-nurses](http://www.vnahg.org/robert-wood-johnson-visiting-nurses)**

Provides skilled nurses, physical and occupational therapists, speech therapists, medical social workers and home health aides.

## Home Improvement

### **Middlesex County Safe Housing Program**

Residential Maintenance Services are provided to seniors, age 60 and over, whom are homeowners residing in the following towns in Middlesex County.

The emphasis of this program is to provide a healthy, safe and secure home to older individuals who can no longer perform the tasks necessary to insure these conditions.

The Residential Maintenance programs provide minor repairs and improvements to the homeowners.

There is no fee for this service but applicants are given the opportunity to voluntarily contribute to the cost of the service.

**For further information, contact one of the following agencies:**

**Perth Amboy Senior Center  
732-826-1690**

**Sayreville Senior Center  
732-390-7058**

**South River  
732-257-2340**

**Spotswood Office on Aging  
732-251-3432**

**Middlesex County Division  
of Housing, Community  
Development and Social Services  
75 Bayard Street, 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
732-745-3025**

**USDA Rural Development  
8000 Midlantic Drive, Suite 505  
Mount Laurel, NJ 08054  
856-787-7700  
[www.rd.usda.gov](http://www.rd.usda.gov)**

Loan/grant funds are available to help very low-income homeowners of modest single family homes in rural areas repair their homes. For homeowners 62 and over who cannot repay a loan, grant funds are available to remove health or safety hazards, or remodel dwellings to make them accessible to those with disabilities.

## Homelessness

### **211-NJ Homeless Hotline** **www.nj211.org**

If you are homeless or at risk of becoming homeless the homeless hotline should be used 24/7 for assistance in locating shelter or relief from extreme weather conditions.

### **Coming Home** **732-296-7975**

**www.cominghomemiddlesex.org**  
Case management services for persons experiencing, or at risk of homelessness. Limited funding available for emergency, temporary, and permanent housing.

### **MUST ENTER THE SYSTEM BY CALLING: 211 HOMELESS HOTLINE**

**Catholic Charities**  
**Edison Family Service Center**  
**26 Safran Avenue**  
**Edison, NJ 08837**  
**732-738-1323**  
**www.ccdom.org**

*Homeless Prevention:* Homeless Prevention and Rapid Re-Housing Programs are short term assistance programs for individuals and families who are having difficulty maintaining their current utility bill, rental housing and have a court ordered eviction notice or have lost housing and are currently homeless.

*PATH Services:* Assists mentally ill individuals who are homeless.

**Middlesex County**  
**Board of Social Services**  
**181 How Lane**  
**New Brunswick, NJ 08901**  
**www.middlesexsocialservices.com**

Emergency Assistance for individuals on SSI and TANF only.

## Homeless Shelters

**211-NJ Homeless Hotline**  
Individuals in need of shelter, must call 2-1-1- to register for placement.

**Fish Hospitality Program**  
**456 New Market Road**  
**Piscataway, NJ 08854**  
**732-968-5957**  
**www.fishhospitality.org**

Provides homeless women and families with shelter and meals.

**Ozanam Family Shelter**  
**Catholic Charities**  
**89 Truman Drive**  
**Edison, NJ 08817**  
**732-985-0327 or 732-247-3270**

For single women and families with children.

**Ozanam Inn Men's Shelter**  
**Catholic Charities**  
**20-22 Abeel Street**  
**New Brunswick, NJ 08901**  
**732-729-0850**

For homeless men.

## Hospice Programs

Hospice care provides physical and emotional care for the terminally ill and their families.

**Caring Hospice Services of Central Jersey**  
1090 King Georges Post Road  
Suite 703  
Edison, NJ 08837  
732-661-9373 or 1-866-661-9373  
[www.caringhospice.com](http://www.caringhospice.com)

**Grace Healthcare Services**  
105 Fieldcrest Ave, Suite 402  
Edison, NJ 08837  
732-225-4100  
[www.gracehcs.com](http://www.gracehcs.com)

**Haven Hospice Program**  
**JFK Medical Center**  
65 James Street  
Edison, NJ 08818  
732-321-7769  
[www.havenhospicenj.org](http://www.havenhospicenj.org)

**Stein Hospice of NJ**  
49 Veronica Avenue - Suite 206  
Somerset, NJ 08873  
732-227-1212  
[www.wilfcampus.org/hospice/](http://www.wilfcampus.org/hospice/)

**Princeton Homecare Hospice Program**  
88 Princeton-Hightstown Road  
Princeton Junction, NJ 08550  
609-497-4900  
[www.princetonhcs.org](http://www.princetonhcs.org)

**Kindred Hospice**  
242 Old New Brunswick Road  
Suite 140  
Piscataway, NJ 08854  
732-562-8800  
[www.kindredhealthcare.com](http://www.kindredhealthcare.com)

**VNA Health Group**  
972 Shoppes Boulevard  
North Brunswick, NJ 08902  
1-800-400-0981  
732-224-6991  
TTY: 800-852-7899  
[www.vnahg.org](http://www.vnahg.org)

## Health Centers/ Hospitals

**Eric B. Chandler Health Center**  
**Rutgers-RWJ Medical School**  
277 George Street  
New Brunswick, NJ 08901  
732-235-6700  
[www.rwjms.rutgers.edu](http://www.rwjms.rutgers.edu)

**JFK Medical Center**  
**Hackensack Meridian Health**  
65 James Street  
Edison, NJ 08818  
732-321-7000  
[www.jfkmc.org](http://www.jfkmc.org)

**Princeton Medical Center**  
**Penn Medician Princeton Health**  
1 Plainsboro Road  
Plainsboro, NJ 08536  
609-853-7000  
[www.princetonhcs.org](http://www.princetonhcs.org)

**Robert Wood Johnson**  
**University Hospital Rahway**  
**RWJ Barnabas Health**  
865 Stone Street  
Rahway, NJ 07065  
732-381-4200  
[www.rwjbh.org](http://www.rwjbh.org)

**Raritan Bay Medical Center**  
**Hackensack Meridian Health**  
1 Hospital Plaza  
Old Bridge, NJ 08857  
732-360-1000  
[www.rbmc.org](http://www.rbmc.org)

## Housing Information

**Raritan Bay Medical Center  
Hackensack Meridian Health**  
530 New Brunswick Avenue  
Perth Amboy, NJ 08861  
732-442-3700  
[www.rbmc.org](http://www.rbmc.org)

**Robert Wood Johnson  
University Hospital  
RWJ Barnabas Health**  
1 Robert Wood Johnson Place  
New Brunswick, NJ 08901  
732-828-3000  
[www.rwjbh.edu](http://www.rwjbh.edu)

**Rutgers Cancer Institute of  
New Jersey**  
195 Little Albany Street  
New Brunswick, NJ 08901  
732-235-2465  
[www.cinj.org](http://www.cinj.org)

**Saint Peter's University Hospital**  
254 Easton Avenue  
New Brunswick, NJ 08901  
732-745-8600  
[www.saintpetershcs.com](http://www.saintpetershcs.com)

**RWJ University Hospital Somerset  
RWJ Barnabas Health**  
110 Rehill Avenue  
Somerville, NJ 08876  
908-685-2200  
[www.rwjbh.org](http://www.rwjbh.org)

**Veterans Administration  
NJ Health Care System**  
385 Tremont Avenue  
East Orange, NJ 07018  
973-676-1000

151 Knollcroft Road  
Lyons, NJ 07939  
908-647-0180  
[www.newjersey.va.gov](http://www.newjersey.va.gov)

**Central Jersey Housing  
Resource Center**  
600 First Avenue - Suite 3  
Raritan, NJ 08869  
908-704-8901  
[www.cjhrc.gov](http://www.cjhrc.gov)

Provides housing counseling, information and referral services to meet the needs of low to moderate income people seeking information.

**Middlesex County  
Office of Human Services  
Division of Housing, Community  
Development & Social Services**  
75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
732-745-3025  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

Administers federal funding under multiple programs from the US Department of Housing & Urban Development (HUD) that addresses the needs of low and moderate income individuals and families. This includes a Housing Choice Voucher (Section 8) rental assistance program, the American Dream Down payment Assistance Program for 1<sup>st</sup> time homebuyers, and a Housing Rehabilitation loan program.

There is also funding allocated to municipalities to address local low and moderate income needs and funding for housing developers to

create affordable housing.

**New Jersey Department of  
Community Affairs  
Division of Housing & Community  
Resources**

**101 South Broad Street  
P.O. Box 800  
Trenton, NJ 08625-0800  
609-633-6286  
www.nj.gov**

Programs include: Homelessness Prevention, Energy Assistance Programs, Neighborhood Programs, Section 8 Housing Choice Voucher, Lead-Safe Home Remediation Pilot Program, Supportive Housing Connection (SHC).

**NJ Housing Resource Center  
877-428-8844 - Toll Free  
www.NJHRC.gov**

Free searchable interactive online housing registry of available units and properties in New Jersey, for user both seeking and listing various types of housing, including: rental, for-sale, affordable, and market-rate.

Foreclosure Mediation Assistance Program and First-Time Homebuyer Down Payment Assistance Program also available. For further details, call: **1-800-NJ-HOUSE**

**PRAB Housing Coalition  
Puerto Rican Action Board  
90 Jersey Avenue  
New Brunswick, NJ 08903  
732-249-9700  
www.prab.org**

Provides housing services to ensure maintenance of safe, affordable residences including: Homebuyer Education & Counseling, Fair Housing

Counseling, Mortgage Assistance & counseling, Foreclosure Mediation, and Homelessness Prevention. This is a HUD certified housing counseling program.

**PRAHD Housing Program  
Puerto Rican Association for  
Human Development  
100 First Street  
Perth Amboy, NJ 08861  
7732-442-1081  
www.prahd.org**

Addresses unmet housing needs for low to moderate income individuals residing in Middlesex County, including: resolving/preventing mortgage default, first time home buyers counseling & education, non-delinquent/post purchase, American Dream down payment program.

**US Dept. of Housing & Urban  
Development (HUD)  
1 Newark Center - 13<sup>th</sup> Floor  
1085 Raymond Boulevard  
Newark, NJ 07102  
973-622-7900  
800-669-9777- Housing  
Discrimination Hotline  
www.hud.gov**

HUD provides information on housing, fairness, rental assistance, sustainability, and research.

## Housing Options

### CONTINUING CARE RETIREMENT COMMUNITIES (CCRC)

A CCRC, sometimes called a life care community, is a retirement community where a continuum of aging care, from independent living, assisted living and skilled nursing care can all be met in one community.

#### **Monroe Village**

**1 David Brainerd Drive  
Monroe Township, NJ 08831  
732-521-6400**

[www.monroevillageonline.org](http://www.monroevillageonline.org)

### DEMENTIA CARE HOMES

Dementia Care Homes are licensed facilities that provide 24 hour skilled nursing care to individuals with Alzheimer's Disease or related disorders.

#### **Fox Trail Memory Care Living South River**

**69 Burton Avenue  
South River, NJ 08882  
732-390-4663**

[www.foxtrailseniorliving.com](http://www.foxtrailseniorliving.com)

#### **Goldenview Living**

**1313 Aaron Road  
North Brunswick, NJ 08902  
732-820-9700**

[www.goldenviewliving.com](http://www.goldenviewliving.com)

#### **Millenium Memory Care at Monroe**

**310 Buckelew Avenue  
Monroe Township, NJ 08831  
[www.milleniummemorycare.com](http://www.milleniummemorycare.com)**

Specializes in very challenging behavioral cases of individuals with dementia.

### HOMESHARING & SHARED LIVING RESIDENCES

#### **Community House at St. Thomas**

**Catholic Charities**

**124 Bentley Road  
Old Bridge, NJ 08857  
732-251-0022**

[www.communityhouse-saintthomas.org](http://www.communityhouse-saintthomas.org)

For physically disabled individuals.

#### **HOMESHARING INC.**

**People Care Center  
120 FINDERNE AVENUE  
BRIDGEWATER, NJ 08807  
908-526-4663  
[www.homesharing.org](http://www.homesharing.org)**

Assist home "providers" who have a separate bedroom for rent, with finding a home "seeker" who is looking for somewhere to live.

### RETIREMENT COMMUNITIES

Designed for active, independent older people age 55 years or older. Social and recreational activities and limited services such as transportation are usually provided. Units are usually for sale, but some may be rented. There is usually a monthly fee.

### EAST BRUNSWICK

#### **Cedar Village at East Brunswick**

**5000 Cedar Village Boulevard  
East Brunswick, NJ 08816  
732-236-7831  
[www.cedar-village.com](http://www.cedar-village.com)**

**Waterford at East Brunswick**  
540 Cranbury Road  
East Brunswick, NJ 08816  
732-238-1367

**HELMETTA**

**Regency Walk**  
13 Appleby Drive  
Helmetta, NJ 08828  
732-521-0398

**MONROE TOWNSHIP**

**Clearbrook Community Association**  
1 Clearbrook Drive  
Monroe Township, NJ 08831  
609-655-2706

**Concordia**  
1 Clubhouse Drive  
Monroe Township, NJ 08831  
609-655-0382  
[www.concordia-community.com](http://www.concordia-community.com)

**Encore Monroe**  
1 Brookside Drive  
Monroe Township, NJ 08831  
609-409-7454  
[www.encoremonroe.com](http://www.encoremonroe.com)

**Greenbriar at Whittingham**  
100 Whittingham Drive  
Monroe Township, NJ 08831  
609-655-5656  
[www.gwmonroe.com](http://www.gwmonroe.com)

**The Ponds**  
100 Waterside Boulevard  
Monroe Township, NJ 08831  
609-655-0821  
[www.thepondsnj.net](http://www.thepondsnj.net)

**Regency at Monroe**  
530 Buckelew Avenue  
Monroe Township, NJ 08831  
732-605-1717  
[www.regencyatmonroe.com](http://www.regencyatmonroe.com)

**Renaissance at Cranbury Crossing**  
48 Vineyard Court  
Monroe Township, NJ 08831  
609-395-7114

**Renaissance at Monroe**  
101 Medici Road  
Monroe Township, NJ 08831  
609-443-5446

**Rossmoor Community**  
128 Sussex Way  
Monroe Township, NJ 08831  
609-655-1000  
[www.rcainj.com](http://www.rcainj.com)

**Waterside Villas**  
1 Overlook Drive  
Monroe Township, NJ 08831  
609-409-0018  
[www.watersidevillasnj.com](http://www.watersidevillasnj.com)

**WOODBRIIDGE**

**Woodbridge Hills**  
400 Hampton Lane  
Iselin, NJ 08830  
732-636-5190

**ROOMING &  
BOARDING HOMES**

For a comprehensive list of Rooming & Boarding Homes contact:

**NJ Dept. of Community Affairs  
Bureau of Rooming &  
Boarding House Standards**  
609-633-6251  
[www.state.nj.us](http://www.state.nj.us)

**SUBSIDIZED &  
AFFORDABLE APARTMENTS**

Apartment style housing designed for seniors and/or the disabled. There are income guidelines for eligibility. Age restrictions apply.

**CARTERET**

**Carteret Housing Authority**  
96 Roosevelt Avenue  
Carteret, NJ 07008  
732-541-6800  
TDD/TTY: 800-545-1833 ext. 845  
www.ci.carteret.nj.us

**Jeanette Smith Village**  
A1 Edwin Street  
Carteret, NJ 07008  
732-541-6800

**Joseph Hermann Gardens**  
Union Street  
Carteret, NJ 07008  
732-541-6800

**Victoria Copeland Senior Home**  
Union Street  
Carteret, NJ 07008  
732-541-6800

**CRANBURY**

**Cranbury Housing Associates, Inc.**  
216 Rockingham Row  
Princeton, NJ 08540  
609-786-1102  
www.cranburyhousing.org

**EAST BRUNSWICK**

**Halls Corner**  
551 Cranbury Road  
East Brunswick, NJ 08816  
732-257-1906  
www.eastbrunswick.org  
62 and older only

**Oak Creek Village**  
401 New Brunswick Avenue  
East Brunswick, NJ 08816  
732-254-4488  
www.eastbrunswick.org

**EDISON**

**Edison Housing Authority**  
Willard Dunham Drive  
Edison, NJ 08837  
732-549-3301  
www.edisonha.org

**Inman Grove Senior Housing**  
1061 Inman Avenue  
Edison, NJ 08820  
908-561-2203

**Julius Engel Gardens**  
Willard Dunham Drive  
Edison, NJ 08837  
732-572-4420

**Residence at Roosevelt**  
1 Roosevelt Drive  
Edison, NJ 08837  
732-844-8491  
www.pennrose.com/apartments/  
new-jersey/residence-at-  
roosevelt-park

**Robert E. Holmes Gardens**  
14 Rev. Samuel Carpenter Blvd.  
Edison, NJ 08820  
908-561-2525  
www.edisonha.org

**Village Court Seniors**  
32 North Reading Road  
Edison, NJ 08817  
732-744-1464



## HIGHLAND PARK

**AHEPA - Highland Apartments**  
239 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904  
732-572-0700

**Samuel J. Kronman Complex**  
242 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904  
732-572-4420

## JAMESBURG

**Barclay Village**  
20 Lake Street  
Jamesburg, NJ 08831  
732-521-5003

## METUCHEN

**Metuchen Senior Citizens Housing**  
35 Lincoln Avenue  
Metuchen, NJ 08840  
732-494-6700

## MIDDLESEX

**Watchung Terrace**  
100 Watchung Terrace  
Middlesex, NJ 08846  
732-356-0681

## NEW BRUNSWICK

**New Brunswick Housing Authority**  
7 Van Dyke Avenue  
New Brunswick, NJ 08901  
732-745-5157  
[www.newbrunswickhousing.org](http://www.newbrunswickhousing.org)

**55 Harvey at Providence Square**  
55 Harvey Street  
New Brunswick, NJ 08901  
732-387-6548  
TDD: 800-545-1833 ext. 648

**John P. Fricano Towers**  
90 Neilson Street  
New Brunswick, NJ 08901  
732-246-7681

**Livingston Manor**  
116 Livingston Avenue  
New Brunswick, NJ 08901  
732-387-6528

**Lord Stirling Senior Apts.**  
40 Hassart Street  
New Brunswick, NJ 08901  
732-214-9381

**Providence Square**  
217 Somerset Street  
New Brunswick, NJ 08901  
732-828-4083

**St. Mary's Apartments**  
260 Remsen Avenue  
New Brunswick, NJ 08901  
732-247-8470

## NORTH BRUNSWICK

**No. Brunswick Housing Authority**  
710 Hermann Road  
North Brunswick, NJ 08902  
732-549-3301

**Martin Gerber Apts.**  
550 Remsen Avenue  
North Brunswick, NJ 08902  
732-246-7788

**North Brunswick Senior Housing**  
740 Hermann Road  
North Brunswick, NJ 08902  
732-296-7122

## OLD BRIDGE

**Old Bridge Housing Authority**  
2000 Route 18 North  
Suite 100  
Old Bridge, NJ 08857  
732-607-6383  
www.oldbridgehousing.com

**Birchwood at Old Bridge**  
100 Mimi Road  
Old Bridge, NJ 08857  
732-416-1400

**Chuck Costello Complex**  
1998 Rt. 18 North  
Old Bridge, NJ 08857  
732-679-0534  
For individuals with special needs.

**Maher Manor**  
2000 Rt. 18 North  
Old Bridge, NJ 08857  
732-679-1763

**Rotary Senior Housing**  
100 Ticetown Road  
Old Bridge, NJ 08857  
732-679-9070

## PERTH AMBOY

**Perth Amboy Housing Authority**  
881 Amboy Avenue  
Perth Amboy, NJ 08861  
732-826-3110  
www.perthamboyha.org

**High Street Apartments**  
315 High Street  
Perth Amboy, NJ 08861  
732-826-4222

**The Parkview**  
618 New Brunswick Avenue  
Perth Amboy, NJ 08861  
732-324-1600

**Richard F. Stack Apartments**  
333 Rector Street  
Perth Amboy, NJ 08861  
732-826-3110

**Wesley T. Hansen Apartments**  
415 Fayette Street  
Perth Amboy, NJ 08861  
732-826-3110

## PISCATAWAY

**Piscataway Affordable Housing**  
505 Sidney Road  
Piscataway, NJ 08854  
732-562-6570

**Sterling Village**  
1 Sterling Village Drive  
Piscataway, NJ 08854  
732-699-0033

## SAYREVILLE

**Sayreville Housing Authority**  
**Gillette Manor**  
650 Washington Road  
Sayreville, NJ 08872  
732-316-0177  
www.sayrevilleha.org

**Lakeview at Sayreville**  
1 Kulas Lane  
Parlin, NJ 08859  
201-592-9020

## SOUTH AMBOY

**South Amboy Housing Authority**  
250 South Broadway  
South Amboy, NJ 08879  
732-721-1831  
www.southamboyhousing.com

**Hillcrest Manor at  
South Amboy, LLC**  
2097 Route 35  
South Amboy, NJ 08879  
732-721-5300

**Robert Noble Manor**  
241 Gordon Street  
South Amboy, NJ 08879  
732-721-7500

**Dohaney Homes  
Affordable Housing**  
250 South Broadway  
South Amboy, NJ 08879  
732-721-1831

**Woodrow McCarthy Towers**  
250 South Broadway  
South Amboy, NJ 08879  
732-721-1831

## SOUTH BRUNSWICK

**Citizens for Independent Living**  
100 Woods Lane  
Monmouth Junction, NJ 08852  
732-355-0620  
www.southbrunswickcil.com

**Charleston Place**  
3424 Route 27  
Kendall Park, NJ 08824  
732-297-7966

**Oak Woods Senior Residence**  
700 Woods Lane  
Monmouth Junction, NJ 08852  
732-355-9009

**Woodhaven at South Brunswick**  
1401 Jones Drive  
Princeton, NJ 08540  
732-329-6807  
www.emess.com

## SOUTH PLAINFIELD

**South Plainfield Senior Residence**  
151 Morris Avenue  
South Plainfield, NJ 07080  
908-755-6600

## SOUTH RIVER

**South River Landing**  
20 Wojie Way  
South River, NJ 08882  
732-238-3838

**Willett Manor**  
340 Whitehead Avenue  
South River, NJ 08882  
732-257-8221

## SPOTSWOOD

**Crescent Park**  
1 Arlington Avenue  
Spotswood, NJ 08884  
732-723-0008

**Woodmere Senior Housing**  
250 Crescent Avenue  
Spotswood, NJ 08884  
732-251-3242

## WOODBIDGE

**Woodbridge Housing Authority**  
10 Bunns Lane  
Woodbridge, NJ 07095  
732-634-2750  
woodbridgehousingauthority.org

**Adams Towers**  
555 Rahway Avenue  
Woodbridge, NJ 07095  
732-634-2750

**Cooper Towers**  
1422 Oak Tree Road  
Iselin, NJ 08830  
732-634-2750

**Finn Towers**  
19 Martin Terrace  
Woodbridge, NJ 07095  
732-634-2750

**Greiner Towers**  
460 Inman Avenue  
Colonia, NJ 07067  
732-634-2750

**Maple Tree Manor**  
1255 Rahway Avenue  
Avenel, NJ 07001  
732-636-1313

**Olsen Towers**  
555 New Brunswick Avenue  
Fords, NJ 08863  
732-634-2750

**Stern Towers**  
55 Brook Street  
Woodbridge, NJ 07095  
732-634-2750

## Immigration & Naturalization

**U.S. Department of Homeland Security Citizenship & Immigration Services (USCIS)**  
970 Broad Street  
Newark, NJ 07102  
[www.uscis.org](http://www.uscis.org)

**USCIS National Customer Service Center**  
800-375-5283  
TTY 800-767-1833

The following agencies provide assistance in citizenship services:

**Catholic Charities**  
319 Maple Street  
Perth Amboy, NJ 08861  
732-324-8200

**Jewish Family Services of Middlesex County**  
32 Ford Avenue  
Milltown, NJ 08850  
732-777-1940

## Income Tax Preparation

Free state and federal income tax assistance is available:

**AARP**  
Tax Aide - Site locator  
1-888-227-7669  
[www.aarp.org](http://www.aarp.org)

A nationwide tax counseling and tax return preparation service for the low-to-moderate income senior. Home visits are available to the homebound and the handicapped.

**Internal Revenue Service Volunteer Income Tax Assistance VITA Site Locator**  
1-800-906-9887  
[www.irs.treasury.gov](http://www.irs.treasury.gov)

The Internal Revenue Service provides free assistance in the preparation of tax returns. Call the above number for a site near you.

## Legal Services

### Middlesex County Bar Association Lawyer Referral Service

**87 Bayard Street  
New Brunswick, NJ 08901  
Mcba.community.lawyer**

A public service to help find a qualified lawyer who has experience with your particular legal issues. Reduce fee program is available for those who do not qualify for free legal assistance from Middlesex County Legal Services corp.

### Middlesex County Legal Services Corporation

**317 George Street - Suite 201  
New Brunswick, NJ 08901  
732-249-7600**

**313 State Street - Suite 308  
Perth Amboy, NJ 08861  
732-324-1613  
www.lsnj.org/cjls/**

Provides free legal services in civil matters to eligible individuals unable to retain a private attorney. Legal assistance and representation are provided in housing problems, public benefits, health, education family matters, employment, and social security.

For senior citizens, POA, wills, guardianship, nursing home and other healthcare issues.

### Middlesex County Surrogate Office

**75 Bayard Street - 1<sup>st</sup> Floor  
New Brunswick, NJ 08901  
732-745-3055  
www.middlesexcountynj.gov**

Provide information and services pertaining to wills (probate), trusts, adoptions, and guardianship.

Satellite offices located throughout Middlesex County. Call for Details.

### Office of the Public Guardian and Elder Rights

**P.O. Box 812  
Trenton, NJ 08625-0812  
609-588-6500  
www.state.nj.us/humanservices**

OPG acts as a surrogate decision maker for residents 60 and over who have been deemed incapacitated by the Superior Court of NJ.

### Inheritance Tax Office - NJ

**50 Barrack Street  
P.O. Box 249  
Trenton, NJ 08695  
609-292-5033  
www.state.nj.us/treasury**

### The Legal Services of NJ

**PO Box 1357  
Edison, NJ 08818  
732-572-9100  
Hotline: 1-888-576-5529  
www.lsnj.org**

An independent non-profit organization that coordinates a statewide legal assistance service.

Free legal help is provided to low income individuals in civil matters.

## Medical Equipment & Assistive Devices

**Advancing Opportunities**  
**1005 Whitehead Road Extension**  
**Suite 1**  
**Ewing, NJ 08638**  
**609-882-4182**  
**[www.assistivetechcenter.org](http://www.assistivetechcenter.org)**

**Disability Rights NJ**  
**The Assistive Technology**  
**Advocacy Center (ATAC)**  
**210 South Broad Street - 3<sup>rd</sup> Floor**  
**Trenton, NJ 08608**  
**609-292-9742**

ATAC provides assistance to persons with disabilities to obtain assistance technology devices and/or services.

**Goodwill Home Medical Equipment**  
**300 Benigno Blvd.**  
**Bellmawr, NJ 08031**  
**609-812-2210**  
**[www.goodwillhomemedical.org](http://www.goodwillhomemedical.org)**

Gently used home medical equipment and unopened medical supplies at affordable prices.

**Middlesex County Office of Aging & Disabled Services**  
**75 Bayard Street, 5<sup>th</sup> Floor**  
**New Brunswick, NJ 08901**  
**732-745-3295**

Medical equipment & supplies may be available through various home care programs, if qualified. Call for screening.

## Medicaid

**Medicaid District Office**  
**100 Daniels Way**  
**1<sup>st</sup> Floor**  
**Freehold, NJ 07728**  
**732-863-4400**

Provides information about Medicaid benefits and provides listings of Medicaid Providers.

**Middlesex County Board of Social Services**  
**181 How Lane**  
**New Brunswick, NJ 08901**  
**732-745-3500**  
**[www.middlesexsocialservices.com](http://www.middlesexsocialservices.com)**

Applications for all medicaid programs are available through the Board of Social Services. All programs have income and asset guidelines.

**Medicaid Fraud and Abuse Hotline**  
**888-9-FRAUD 5**  
**888-937-2835 or 888-692-2140**

**NJ Medicaid Hotline**  
**1-800-356-1561**

# Medicare

## Centers for Medicare and Medicaid Services

**7500 Security Boulevard  
Baltimore, MD 21244**

**1-800-MEDICARE  
1-800-633-4227  
[www.medicare.gov](http://www.medicare.gov)**

For general inquiries or questions about eligibility, coverage, and claims, call the number above or visit [www.medicare.gov](http://www.medicare.gov) or [www.mymedicare.gov](http://www.mymedicare.gov)

## Livanta, LLC.

**1-866-815-5440 or 1-877-588-1123  
[www.livanta.com](http://www.livanta.com)**

Livanta is contracted by the federal government to ensure that Medicare beneficiaries receive quality medical care. Call to appeal discharges from a hospital, nursing home, rehab facility, hospice or home health agency or to file an appeal if Medicare services are ending. If you have quality of care concerns, call to file a complaint.

## Medicare Fraud and Abuse Hotline

**1-800-447-8477  
TTY 1-800-377-4950**

## Medicare Rights Center

**1-800-333-4114  
[www.medicarerights.org](http://www.medicarerights.org)**

Helps people with Medicare understand their rights and benefits, navigate the Medicare system and secure quality care.

## Medicare Interactive

**[www.medicareinteractive.org](http://www.medicareinteractive.org)**

A free tool provided by the Medicare Rights Center, that features Medicare information written in user-friendly language.

## Senior Medicare Patrol of NJ JFVS

**32 Ford Avenue - 2<sup>nd</sup> Floor  
Milltown, NJ 08850  
732-777-1940  
1-877-767-4359  
[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)**

Educates Medicare and Medicaid beneficiaries about preventing, detecting and reporting fraud.

## State Health Insurance Assistance Program - SHIP

**Jewish Family Services  
32 Ford Avenue  
Milltown, NJ 08850  
732-777-1940  
[www.jfsmiddlesex.gov](http://www.jfsmiddlesex.gov)**

Counselors provide free help to Medicare beneficiaries who have problems with or questions about Medicare, health insurance, Part D and or dealing with claims.

## Specified Low Income Medicare Beneficiary (SLMB)

**1-800-792-9745  
[www.state.nj.us/humanservices/doas](http://www.state.nj.us/humanservices/doas)**

If eligible, SLMB offers assistance with paying the Medicare Part B monthly premium. Call to determine eligibility and for application.

**NJ Dept of Banking and Insurance  
Division of Enforcement and  
Consumer Protection**

**P.O. Box 329  
Trenton, NJ 08625-0325  
800-446-7467  
www.state.nj.us/dobi**

To make complaints about the business practices of insurance companies.

**Nursing & Rehabilitation  
Centers**

**Alameda Center for Rehab &  
Healthcare**

**303 Elm Street  
Perth Amboy, NJ 08861  
732-442-9540  
www.alamedacenter.com**

**Amboy Care Center**

**1 Lindberg Avenue  
Perth Amboy, NJ 08861  
732-826-0500  
www.amboynursingcenter.com**

**Aristacare at Cedar Oaks**

**1311 Durham Avenue  
South Plainfield, NJ 07080  
732-287-9555  
www.aristacare.com**

**Atrium of Matawan**

**38 Freneau Avenue  
Matawan, NJ 07747  
732-765-5600  
www.atriumhealthusa.com**

**Atrium Post Acute Care of  
Princeton**

**5000 Windrow Drive  
Princeton, NJ 08540  
609-987-1221  
www.atriumhsl.com**

**Brighton Gardens of Edison**

**1801 Oaktree Road  
Edison, NJ 08820  
732-767-1031  
www.sunriseseniorliving.com**

**Care One at East Brunswick**

**599 Cranbury Road  
East Brunswick, NJ 08816  
732-967-0100  
www.care-one.com**

**Care One at the Highlands**

**1350 Inman Avenue  
Edison, NJ 08820  
908-754-7100  
www.care-one.com**

**Cranbury Center**

**292 Applegarth Road  
Monroe Township, NJ 08831  
609-860-2500  
www.genesishcc.com/cranbury**

**Elms of Cranbury**

**61 Maplewood Avenue  
Cranbury, NJ 08512  
609-395-0641  
www.elmsofcranbury.com**

**Franklin Care Center**

**3371 Route 27  
Franklin Park, NJ 08823  
732-821-8000**



**Gardens at Monroe**  
189 Applegarth Road  
Monroe Township, NJ 08831  
609-448-7036  
[www.thegardensatmonroe.com](http://www.thegardensatmonroe.com)

**JFK Hartwyck at Oak Tree**  
2048 Oak Tree Road  
Edison, NJ 08820  
732-906-2100  
[www.jfkhartwyck.org](http://www.jfkhartwyck.org)

**JFK Hartwyck at Edison Estates**  
10 Brunswick Avenue  
Edison, NJ 08817  
732-985-1500  
[www.jfkhartwyck.org](http://www.jfkhartwyck.org)

**Madison Center Genesis  
Eldercare**  
625 Route 34  
Matawan, NJ 07747  
732-566-6400  
[www.geneshcc.com/MadisonNJ](http://www.geneshcc.com/MadisonNJ)

**Merwick Care & Rehab Center**  
100 Plainsboro Rd.  
Plainsboro, NJ 08536  
609-759-6000  
[www.windsorhealthcare.org](http://www.windsorhealthcare.org)

**Parker at Landing Lane**  
503 Easton Avenue  
New Brunswick, NJ 08901  
732-545-3110  
[www.parkerlife.org](http://www.parkerlife.org)

**Parker at Somerset**  
15 Dellwood Lane  
Somerset, NJ 08873  
732-545-4200  
[www.parkerlife.org](http://www.parkerlife.org)

**Parker at Monroe**  
395 School House Road  
Monroe Township, NJ 08831  
732-992-5200  
[www.parkerlife.org](http://www.parkerlife.org)

**Parker at River Road**  
1421 River Road  
Piscataway, NJ 08854  
732-545-8330  
[www.parkerlife.org](http://www.parkerlife.org)

**New Jersey Fireman's Home**  
565 Lathrop Avenue  
Boonton, NJ 07005  
973-334-0024  
[www.njfh.org](http://www.njfh.org)

**New Jersey Veterans Memorial  
Home**  
132 Evergreen Road  
Edison, NJ 08818-3013  
732-452-4100  
[www.nj.gov](http://www.nj.gov)

**Park Place Center**  
2 Deer Park Drive  
Monmouth Junction, NJ 08852  
732-274-1122  
[www.geneshcc.com/ParkPlace](http://www.geneshcc.com/ParkPlace)

**Power Back Rehabilitation**  
10 Sterling Drive  
Piscataway, NJ 08854  
732-917-2900  
[www.powerbackrehabilitation.com](http://www.powerbackrehabilitation.com)

**Preferred Care at Old Bridge**  
6989 Rt. 18 South  
Old Bridge, NJ 08857  
732-360-2277  
[www.preferredcareatoldbridge.com](http://www.preferredcareatoldbridge.com)

**Regency Jewish Heritage**  
380 Demott Lane  
Somerset, NJ 08873  
732-873-2000  
[www.regencyheritagenursing.com](http://www.regencyheritagenursing.com)

**Reformed Church Home**  
1990 Rt. 18 North  
Old Bridge, NJ 08857  
732-607-9230  
[www.reformedchurchhome.com](http://www.reformedchurchhome.com)

**Roosevelt Care Center**  
118 Parsonage Road  
Edison, NJ 08837  
732-321-6800  
[www.rooseveltcarecenter.com](http://www.rooseveltcarecenter.com)

**Roosevelt Care Center  
at Old Bridge**  
1133 Marlboro Road  
Old Bridge, NJ 08857  
732-360-9830  
[www.rooseveltcarecenter.com](http://www.rooseveltcarecenter.com)

**Rose Mountain Care Center**  
27 U.S. Highway 1  
New Brunswick, NJ 08901  
732-828-2400  
[www.rosemountaincarecenter.com](http://www.rosemountaincarecenter.com)

**St. Joseph's Senior Home  
Nursing Center**  
1-3 St. Joseph's Terrace  
Woodbridge, NJ 07095  
732-750-0077 or 732-634-0004  
[www.stjosephseniorhome.com](http://www.stjosephseniorhome.com)

**Summer Hill Nursing Home**  
111 Route 516  
Old Bridge, NJ 08857  
732-254-8200  
[www.shnhnj.com](http://www.shnhnj.com)

**Venetian Care and  
Rehabilitation Center**  
275 John T. O'Leary Boulevard  
South Amboy, NJ 08879  
732-721-8200  
[http://windsorhealthcare.org/  
venetian](http://windsorhealthcare.org/venetian)

**Village Point**  
3 David Brainerd Drive  
Monroe Township, NJ 08831  
732-521-6400  
[www.monroevillageonline.org](http://www.monroevillageonline.org)

**Willow Creek Rehabilitation and  
Care Center**  
1165 Easton Avenue  
Somerset, NJ 08873  
732-246-4100  
[www.genesishcc.com](http://www.genesishcc.com)  
willocreekNJ

**NJ Department of Health**  
800-792-9770  
[www.state.nj.us/health/  
healthfacilities](http://www.state.nj.us/health/healthfacilities)  
Regulates a wide range of health care settings for quality of care to ensure compliance with regulations, survey facilities, investigate complaints and penalize facilities for non-compliance.

**Office of the Long Term Care  
Ombudsman**  
877-582-6995 24-Hour Hotline  
[www.state.nj.us/ooie](http://www.state.nj.us/ooie)

**Mailing Address:**  
P.O. Box 852  
Trenton, NJ 08625-0852

Advocates for residents by investigating allegations of abuse, neglect, exploitation, crime and serious bodily injury of individuals 60 and over living in a long term care facility.

## Nutrition Programs

**NJ SNAP (formerly Food Stamps)  
NJ's Supplemental Nutrition Assistance Program**  
**1-800-687-9512 Toll Free**  
**732-745-3500 Middlesex County**  
**[www.middlesexsocialservices.com](http://www.middlesexsocialservices.com)**

Nutrition assistance program to help low-income individuals and families buy the groceries needed to eat healthy. Seniors and people living with disabilities and/or living on low or fixed income may be eligible. To pre-screen or apply on-line, go to [www.NJHelps.org](http://www.NJHelps.org).

### Meals on Wheels Program

Home delivered meals are available for isolated, homebound older adults (60+) who have no formal or informal caregiver and are unable to prepare meals. For additional information, call or visit the organizations web site.

**Greater New Brunswick  
Meals on Wheels**  
**211 Livingston Avenue**  
**New Brunswick, NJ 08901**  
**732-249-3488**  
**[www.mowgnb.org](http://www.mowgnb.org)**

Serves residents of Highland Park and New Brunswick.

**Kosher Meals on Wheels  
Jewish Family Services  
of Middlesex County**  
**52 Concordia Shopping Center**  
**Monroe Township, NJ 08831**  
**732-777-1940**  
**[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)**

Serves residents of East Brunswick, Monroe, and Old Bridge.

**32 Ford Avenue**  
**Milltown, NJ 08850**  
**732-777-1940**

Serves Avenel, Carteret, Colonia, Edison, Fords, Keasby, Highland Park, Metuchen, Parlin, Perth Amboy, Port Reading, and Woodbridge.

**Meals on Wheels  
Metuchen, Edison, and  
Woodbridge**  
**2 George Frederick Plaza**  
**Woodbridge, NJ 07095**  
**732-634-4141**

**Middlesex County Senior Meal  
Program**  
**75 Bayard Street - 5<sup>th</sup> Floor**  
**New Brunswick, NJ 08901**  
**732-745-2062**  
**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Offers nutritious, hot, mid-day meals in a social atmosphere. Includes transportation, nutrition counseling, and recreation, to those 60 years of age or older. Suggested donations are \$2.25 for on-site meals and \$2.75 for home delivered meals. For information on congregate and home delivered meals, contact the following nutrition sites:

## SENIOR MEAL SITES

### **Carteret**

Thomas J. Deverin Community Center  
100 Cooke Avenue  
Carteret, NJ 07008  
732-541-6221

### **Edison**

Edison Senior Center  
2963 Woodbridge Avenue  
Edison, NJ 08817  
732-452-0377

### **Old Bridge**

Old Bridge Senior Center  
George J. Bush Center  
for Human Services  
1 Old Bridge Plaza  
Old Bridge, NJ 08857

### **Perth Amboy**

Alexander F. Jankowski  
Community Center  
1 Olive Street  
Perth Amboy, NJ 08861  
732-442-0930

### **Piscataway**

Piscataway Senior Center  
700 Buena Vista Avenue  
Piscataway, NJ 08854  
732-743-9844

### **Sayreville**

Sayreville Senior Center  
423 Main Street  
Sayreville, NJ 08872  
732-254-4299

### **South Brunswick**

South Brunswick Senior Center  
540 Ridge Road  
Monmouth Junction, NJ 08852  
732-329-6171

### **South Plainfield**

South Plainfield Senior Center  
90 Maple Avenue  
South Plainfield, NJ 07080  
908-753-1040

### **Kosher Congregate Dining Jewish Family Services of Middlesex County Highland Park Conservative Temple**

201 South - 3<sup>rd</sup> Avenue  
Highland Park, NJ 08905  
732-777-1940  
[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

## **Prescriptions**

### **Pharmaceutical Assistance to the Aged And Disabled (PAAD), Lifeline and Special Benefits**

NJ Department of Human Services  
P.O. Box 715  
Trenton, NJ 08625-0715  
800-792-9745 / 609-588-7049  
609-588-7030 TTY  
[www.njpaad.gov](http://www.njpaad.gov)

PAAD is a state-funded program to help NJ residents, who are at least 65 years of age, or 18 years of age or older and disabled, to pay for prescriptions. If eligible, there is a \$5 fee for generic drugs and \$7 fee for brand name drugs. Applicants must meet financial eligibility guidelines.

For eligibility guidelines and/ or to apply, visit [www.state.nj.us](http://www.state.nj.us) or you can obtain a paper application by calling the MC Office of Aging and Disabled services at 732-745-3295.

**Patient Advocate Foundation  
Co-pay Relief**

**421 Butler Farm Road  
Hampton, Virginia 23666  
866-512-3861  
www.copays.org**

Provides copay assistance to financially and medically qualified individuals.

**Senior Gold  
NJ Department of Health  
and Senior Services  
P.O. Box 715  
Trenton, NJ 08625-0715  
800-792-9745  
www.njsrgold.gov**

A prescription discount program for NJ residents, **who are at least 65 years of age, or 18 years of age or older and disabled**, who do not qualify for the PAAD program. If eligible, the card holder pays a co-payment of \$15 plus 50% of the remaining cost for each covered prescription or actual drug cost, whichever is less. Applicants must meet financial eligibility guidelines.

For eligibility guidelines and/ or to apply, visit [www.state.nj.us](http://www.state.nj.us) or you can obtain a paper application by calling the MC Office of Aging and Disabled services at 732-745-3295.

## Recreation

**NJ Division of Environmental  
Protection Division of Fish &  
Wildlife (NJDEP)  
P.O. Box 402  
Trenton, NJ 08625-0400  
908-637-4165  
www.njfishandwildlife.com**

**Middlesex County Office of  
Arts & History**

**75 Bayard Street, 4<sup>th</sup> Floor  
New Brunswick, NJ 08901  
732-745-4489  
www.middlesexcountynj.gov**

Provides cultural programming, educational workshops, and folklife projects.

**Middlesex County  
Office of Parks & Recreation  
Division of Recreation &  
Programming  
1030 River Road  
Piscataway, NJ 08854  
www.middlesexcountynj.gov  
732-745-3900**

Programs and projects include: Plays-in-the-Park, Kids-in-the-Park, Concerts-in-the-Park, ice & roller skating rink, special events, picnic grove reservations, organized sports activities, sport field reservations, farm wagon and snow mobile rentals.

**NJ Department of  
Environmental Protection  
Parks, Forests, and Historic Sites  
Division of Parks and Forestry  
P.O. Box 404  
Trenton, NJ 08625-0404  
800-843-6420 / 609-984-0370  
www.nj.gov/dep/parksandforests/**

Senior citizens pass allows free entry and parking for day use at any forest, park, or historic site administered by the State Park Service.

**John E. Toolan Kiddie  
Keepwell Camp  
35 Roosevelt Drive  
Edison, NJ 08837  
732-548-6542**

Summer and winter camp programs including arts & crafts, exercise classes, trips and overnight accommodations are available to seniors of Middlesex County 65 years of age or older.

**New Jersey Division of Tourism**  
**609-292-2470**  
**[www.visitnj.org](http://www.visitnj.org)**

## Rental Assistance

**NJ Department of Community Affairs**  
**732-777-6999**  
**[www.statenj.us/dca](http://www.statenj.us/dca)**

Provides information and assistance with Section 8 rent assistance for Middlesex County residents.

**Middlesex County Division of Housing, Community Development and Social Services**  
**75 Bayard Street - 2<sup>nd</sup> Floor**  
**New Brunswick, NJ 08901**  
**732-745-3025**  
**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Provides federal funds for housing, rehabilitation and rental assistance to eligible applicants who reside in

## Respite

Respite is a service that provides family members and other non-paid caregivers a break from the daily responsibility of caring for an elderly or disabled person.

**Interfaith Network of Care, Inc.**  
**62 South Main Street**  
**Milltown, NJ 08850**  
**732-247-1655**

Interfaith volunteers are able to provide respite care once a week for up to 5 hours.

**Respite Care and Wellness Program Alzheimer's NJ**  
**888-280-6055 or 973-586-4300**  
**[www.alznj.org](http://www.alznj.org)**

Offers family caregivers information about available community respite care resources such as home health care, adult day care and residential respite, as well as a one-time financial scholarship to help offset the cost of respite care.

**Statewide Respite Care Program Middlesex County Office of Aging and Disabled Services**  
**75 Bayard Street - 5<sup>th</sup> Floor**  
**New Brunswick, NJ 08901**  
**732-745-3295**  
**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

This program offers services to the person needs care so that the caregiver has a “break” (respite). Applicant must meet clinical and financial criteria. Call the Middlesex County Office of Aging & Disabled Services for screening.

**Senior Adult Daycare/Elderday “A Day Away” Jewish Family Services of Middlesex County**  
**52 Concordia Shopping Center**  
**Monroe Township, NJ 08831**  
**609-395-7979 or 732-777-1940**  
**[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)**

A Respite Program for Alzheimer's patients and their families.

## Senior Centers and Municipal Offices on Aging

### Carteret Office on Aging

100 Cooke Avenue  
Carteret, NJ 07008  
732-802-3014  
[www.ci.carteretnj.us](http://www.ci.carteretnj.us)

### Cranbury Senior Community Center

23A North Main Street  
Cranbury, NJ 08512  
609-395-0900 ext. 244  
[www.cranburytownship.org](http://www.cranburytownship.org)

### Dunellen Senior Center

Columbia Park  
200 Orange Street  
Dunellen, NJ 08812  
732-968-3033

### East Brunswick Senior Center Department on Aging

3 Jean Walling Civic Center Dr.  
East Brunswick, NJ 08816  
732-390-6896  
[www.eastbrunswick.org](http://www.eastbrunswick.org)

### Edison Senior Center

2963 Woodbridge Avenue  
Edison, NJ 08817  
732-248-7345  
[www.edisonnj.org](http://www.edisonnj.org)

### Mailing:

100 Municipal Boulevard  
Edison, NJ 08817

### Evergreen Senior Center

400 Inman Avenue  
Colonia, NJ 07067  
732-726-6261  
[www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

### Five Branches Senior Center

1 Brown Avenue  
Iselin, NJ 08830  
732-726-6277  
[www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

### Hickory Senior Center

17 Corielle Street  
Fords, NJ 08863  
732-726-6288  
[www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

### Highland Park Senior Recreational Center / Office on Aging

220 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904  
732-819-0052  
[www.hpboro.com](http://www.hpboro.com)

### Jamesburg Senior Citizen Center

139 Stevens Avenue  
Jamesburg, NJ 08831  
732-521-2920  
[www.jamesburgborough.org](http://www.jamesburgborough.org)

### Metuchen Senior Center

15 Center Street  
Metuchen, NJ 08840  
732-632-8524  
[www.metuchennj.org](http://www.metuchennj.org)

### Middlesex Recreation & Senior Center

1400 Mountain Avenue  
Middlesex, NJ 08846  
732-356-0414  
[www.middlesexboro-nj.gov](http://www.middlesexboro-nj.gov)

### Mailing:

1200 Mountain Avenue  
Middlesex, NJ 08846

### Milltown Senior Center/ Office on Aging

60 Violet Terrace  
Milltown, NJ 08850  
732-296-0681  
[www.milltownnj.org](http://www.milltownnj.org)

**Monroe Office of Senior Services  
Senior Center**  
12 Halsy Reed Road  
Monroe Township, NJ 08831  
609-448-7140  
www.monroetwp.com

**New Brunswick Senior Resource  
Center**  
81 Huntington Street  
New Brunswick, NJ 08901  
732-745-5100

**North Brunswick Senior Center**  
15 Linwood Place  
North Brunswick, NJ 08902  
732-247-0922 ext. 820  
www.northbrunswicknj.gov

**Silver Linings at Old Bridge  
Office on Aging**  
George J. Bush Center for Human  
Services  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
732-721-5600 ext. 6600  
www.oldbridge.com

**Perth Amboy Alexander F.  
Jankowski Community Center**  
1 Olive Street  
Perth Amboy, NJ 08861  
732-826-1690  
www.perthamboynj.org

**Piscataway Senior Center  
Office on Aging**  
700 Buena Vista Avenue  
Piscataway, NJ 08854  
732-562-1133  
www.piscatawaynj.org

**Plainsboro Department of  
Recreation & Community Services**  
641 Plainsboro Road  
Plainsboro, NJ 08536  
609-799-0909 ext. 1705 or 1719  
www.plainsboronj.com

**Sayreville Office on Aging/  
Senior Center**  
423 Main Street  
Sayreville, NJ 08872  
732-390-7058  
www.sayreville.com

**South Amboy Senior Center**  
108 South Stevens Avenue  
South Amboy, NJ 08879  
732-525-5960  
www.southamboynj.gov

**South Brunswick Office on Aging/  
Senior Center**  
540 Ridge Road  
Monmouth Junction, NJ 08852  
732-329-4000 ext. 7670  
or 732-438-0918  
www.sbtnj.net

**South Plainfield  
Office on Aging / Senior Center**  
90 Maple Avenue  
South Plainfield, NJ 07080  
908-754-1047  
www.southplainfieldnj.com

**South River Office on Aging /  
Senior Center**  
55 Reid Street  
South River, NJ 08882  
732-257-2340  
www.southernrivernj.org

**Spotswood Office on Aging**  
1 Arlington Avenue - Suite 401  
Spotswood, NJ 08884  
732-251-3432  
www.spotswoodboro.com



**Sycamore Senior Center**  
290 Old Road  
Port Reading, NJ 07064  
732-726-7087  
[www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

**Woodbridge Multi Service Program on Aging**  
400 Inman Avenue  
Colonia, NJ 07067  
732-726-6262  
[www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

## Senior Citizen Organizations

**AARP**  
601 E. Street NW  
Washington, DC 20049  
800-687-2277  
[www.aarp.org](http://www.aarp.org)

**State Office - AARP NJ**  
Forrestal Village  
101 Rockingham Row  
Princeton, NJ 08540  
866-542-8165

Organization for those over 50 (retired or not). Membership includes legislative representation, publication, travel, health insurance programs, pre-retirement counseling, continuing education, and hospitality facilities.

**Driver Safety:** Available to all drivers 50 years and older to help sharpen your driving skills. Insurance companies offer reduced rates for drivers who successfully complete the program.

**Legal Services Network Access** to attorneys who practice in over 20 different legal areas from real estate

and family law to estate planning assistance.

**Tax-Aide Program:** Nationwide tax counseling and return preparation for the low-to-moderate income. Home visits are available to the homebound and the handicapped.

**For information about these programs: 1-888-AARP-NOW (227-7668)**

**Senior Corps  
Foster Grandparents Program  
NJ Commission on National and Community Service**  
P.O. Box 456  
Trenton, NJ 08625  
609-633-9627  
[www.nj.gov](http://www.nj.gov)

Connects volunteers 55 + with children and young people with exceptional needs. Volunteers mentor, support and help the children.

**Wellness Initiative for Senior Education (WISE)  
NJ Prevention Network**  
150 Airport Road, Suite 1400  
Lakewood, NJ 08701  
732-367-0611  
[www.njpn.org/initiatives/wise](http://www.njpn.org/initiatives/wise)

A prevention program enlisting the aid of older adult volunteers who work toward increasing the awareness of alcohol, tobacco and other drugs as they affect older adults in areas of medication management, stress, nutrition, isolation and loss.

## Social Security

**Social Security Administration**  
**800-772-1213 or [www.ssa.gov](http://www.ssa.gov)**

For new or replacement social security cards.

Assists in filing for or receiving social security retirement, survivors, disability, Medicare & supplemental security income.

Free literature describing benefits

Eligibility for social security retirement, survivors, disability, and Medicare benefits is based on insured status attained by covered work. Eligibility for SSI is based on financial need, determined by income and resources. SSI beneficiaries are automatically entitled to Medicaid.

**District Office**  
**190 Middlesex Turnpike, 3<sup>rd</sup> Floor**  
**Iselin, NJ 08830**  
**800-772-1213**

Serves residents of Avenel, Carteret, Cliffwood Beach, Colonia, Fords, Hopelawn, Iselin, Lawrence Harbor, Morgan, Parlin, Perth Amboy, Port Reading, Sayreville, Sewaren, South Amboy, and Woodbridge.

**District Office**  
**29 Davenport St.**  
**Somerville, NJ 08876**  
**800-772-1213**

Serves residents of Dunellen.

## Social Service & Support Agencies

**Middlesex County Office of Aging and Disabled Services**  
**75 Bayard Street - 5<sup>th</sup> Floor**  
**New Brunswick, NJ 08901**  
**732-745-3295**  
**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Provides information and assistance, referral and advocacy for seniors, persons with disabilities, their caregivers, and the general public needing access to services. Older adults and people with disabilities may be able to obtain in-home support services through various home care programs. Call for a screening to determine eligibility.

**Catholic Charities**  
**Diocese of Metuchen**  
**[www.ccdom.org](http://www.ccdom.org)**  
**288 Rues Lane**  
**East Brunswick, NJ 08816**

**319 Maple Street**  
**Perth Amboy, NJ 08861**  
**732-324-8200**

**Comprehensive Services on Aging COPSA-UBHC**  
**100 Metroplex Drive**  
**Edison, NJ 08817**  
**800-424-2494 / 732-235-8400**  
**[www.uhbc.rutgers.edu](http://www.uhbc.rutgers.edu)**

**Interfaith Network of Care, Inc.**  
**62 South Main Street**  
**Milltown, NJ 08850**  
**732-247-1655**  
**<http://interfaithnetworkofcare.org>**

A network of volunteers from faith congregations and the community

which provides supportive home care services to the frail, elderly and disabled in the areas of East Brunswick, Helmetta, Edison, Highland Park, Kendall Park, Metuchen, Milltown, New Brunswick, North Brunswick, Old Bridge, Parlin, South River, and Spotswood.

Services include friendly visiting, respite care and telephone reassurance.

### **Jewish Family Services of Middlesex County**

**32 Ford Avenue, 2<sup>nd</sup> Floor  
Milltown, NJ 08850  
732-777-1940**

**52 Concordia  
Monroe Township, NJ 08831  
609-395-7979**

### **Middlesex County Board of Social Services**

**181 How Lane  
New Brunswick, NJ 08901  
732-745-3500  
[www.middlesexsocialservices.com](http://www.middlesexsocialservices.com)**

### **Perth Amboy Human Services**

**1 Olive Street  
Perth Amboy, NJ 08861  
732-826-1690**

### **Puerto Rican Action Board (PRAB)**

**90 Jersey Avenue  
New Brunswick, NJ 08903-0240  
732-828-4510  
<https://prab.org>**

### **Puerto Rican Association for Human Development (PRAHD)**

**100 First Street  
Perth Amboy, NJ 08861  
732-442-1081  
[www.prahd.org](http://www.prahd.org)**

**Silver Linings Resource Center  
Jewish Renaissance Foundation  
149 Kearny Avenue  
Perth Amboy, NJ 08861  
732-324-2114  
[www.jrfnj.org](http://www.jrfnj.org)**

Helps connect seniors, 55+, with legal services, transportation, housing, healthy living & life skills. As well as helping them with local fitness options, volunteer opportunities, education and other social activities.

### **Woodbridge Multi-Service Program on Aging**

**400 Inman Avenue  
Colonia, NJ 07067  
732-726-6262  
[www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)**

## **Support Groups**

### **Cancer Support Community of Central NJ**

**3 Crossroads Drive  
Bedminster, NJ 07921  
908-658-5400  
[www.cancersupportcnj.com](http://www.cancersupportcnj.com)**

Professionally led programs of support, education and hope.

### **NJ Self - Help Clearinghouse**

**673 Morris Avenue, Suite 100  
Springfield, NJ 07081  
1-800-367-6274(in NJ)  
973-571-4100 (outside NJ)  
[www.njgroups.org](http://www.njgroups.org)**

Self-help groups are support groups organized and run by and for people who share a life situation or similar problem. This clearinghouse has a database of contacts for self-help groups throughout New Jersey.

It assists individuals in locating groups and provides information on how to start and develop a new group.

**COPSA Rutgers University  
Behavioral Health Care**

**732-235-8400**

**[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)**

Monthly support groups for spouses and other caregivers to the elderly. Call for information on the time and place of meetings.

**Council on Compulsive Gambling  
of New Jersey, Inc.**

**3635 Quakerbridge Road, Suite 7  
Hamilton, NJ 08619**

**609-588-5515 or 1-800-GAMBLER**

**[www.800gambler.org](http://www.800gambler.org)**

Education, public awareness and outreach.

**Kinship Navigator Program  
The Children's Home Society of NJ**

**635 South Clinton Avenue**

**Trenton, NJ 08611**

**800-396-4518**

Information, referral and advocacy services for family caregivers of children.

**Jewish Family Services  
of Middlesex County**

**52 Concordia Shopping Center**

**Monroe Township, NJ 08831**

**609-395-7979**

**[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)**

Call for more information about support groups that are available. Registration is required.

**JFK Medical Center Support Groups**

**65 James Street**

**Edison, NJ 08818**

**732-321-7000**

**[www.jfkmc.org](http://www.jfkmc.org)**

Call for information about topics and dates and times of meetings.

**Parker Caregiver Support Group**

**443 River Road**

**Highland Park, NJ 08904**

**732-565-2400**

**Robert Wood Johnson University  
Hospital Community Health  
Education**

**1 Robert Wood Johnson Place**

**New Brunswick, NJ 08901**

**1-888-637-9584**

**[www.rwjuh.edu](http://www.rwjuh.edu)**

The hospital offers various health related support groups. Call for specific information about the types of groups offered, location, dates and times of meetings.

**Saint Peter's University Hospital**

**254 Easton Avenue**

**New Brunswick, NJ 08901**

**732-745-8600**

**[www.saintpetershcs.com](http://www.saintpetershcs.com)**

The hospital offers a variety of health related, caregiver and bereavement support groups. Call for information about location, dates and times of meetings. Registration is required.

**The Cancer Institute of New Jersey  
NJ Department of Social Work  
and Outreach**

**195 Little Albany Street**

**New Brunswick, NJ 08901**

**732-235-6792**

**[www.cinj.org](http://www.cinj.org)**

## Transportation

### Middlesex County Area Transit (MCAT)

**Office Address:**

**97 Apple Orchard Lane  
North Brunswick, NJ 08902  
800-221-3520 Reservations  
www.middlesexcountynj.gov**

**Mailing Address:**

**PO Box 871  
North Brunswick, NJ 0803**

**Demand Response/Reservation:**

MCAT provides transportation for \$3.00 a trip (one way) fee, to seniors 60+ and disabled residents of Middlesex County. Intermittent transportation is available so that residents may obtain the necessities of life, with priority given to non-emergency medical services. Registration and reservations are required.

**Community Shuttle:**

MCAT shuttle service is a fixed route service, reservations are not required. Shuttle service runs Monday - Friday and is available to the general public. Call for the Community Shuttle schedule or visit [www.middlesexcountynj.gov](http://www.middlesexcountynj.gov).

### American Cancer Society Road to Recovery

**2600 U.S. Hwy. #1  
North Brunswick, NJ 08902  
800-227-2345 / 732-297-8000  
www.cancer.org**

A volunteer program providing free rides to and from medical appointments. Rides are not guaranteed, contact your local office for availability.

### Amtrak

**800-872-7245  
www.amtrak.com**

Amtrak travelers 62 and over are eligible to receive a 15% discount on the lowest available rail fare on most Amtrak trains. Valid proof of age is required when purchasing your ticket and on board the train.

### Interfaith Network of Care

**62 South Main Street  
Milltown, NJ 08850  
732-247-1655**

Interfaith volunteers are able to provide transportation to non-emergency medical appointments in the local area.

### NJ Transit Access Link - ADA Paratransit

**1-800-955-2321  
www.njtransit.com**

Access Link is for people with disabilities who are unable to use the local fixed route bus. This service is a shared ride, curb to curb service and is available when bus service is available. Access Link may be used for trips of any purpose. Contact Access Link to apply for eligibility.

**NJ Transit**  
**Reduced Fare Program**  
**One Penn Plaza East, 5<sup>th</sup> Floor**  
**Newark, NJ 07105**  
**973-491-7112**  
**www.njtransit.com**

Reduced fares, at anytime, are available on NJ Transit buses, trains and light rail, to seniors age 62 and over and people with disabilities. Personal assistants ride for free. Seniors must present a valid ID or NJ Transit Reduced Fare ID card. People with disabilities may show NJ Reduced Fare ID card or Medicare card.

Applications for Reduced Fare ID cards are available online at [www.njtransit.com](http://www.njtransit.com) or your local Office of Aging and Disabled Services.

**Mini Bus Transportation Service:**

This service is free to seniors and disabled persons. Includes local transportation to doctors, hospitals, social service agencies and centers. Some agencies may have restrictions, please inquire when requesting service.

**Carteret**  
732-541-3890

**Dunellen**  
732-968-3033 ext. 4

**East Brunswick**  
732-390-6896

**Edison**  
732-248-7345

**Highland Park**  
732-819-0052

**Metuchen**  
732-632-8525

**Middlesex**  
732-356-0414

**Milltown**  
732-296-0681

**Monroe**  
609-443-0511  
**New Brunswick Dial-A-Ride**  
732-745-5161

**North Brunswick**  
732-247-0922 Ext. 820

**Old Bridge**  
732-721-5600 Ext.6600

**Perth Amboy**  
732-826-1690 Ext.4326 or 4307

**Sayreville**  
732-390-7058

**So. Brunswick**  
732-329-4000 Ext.7361

**South Plainfield**  
908-754-1047

**South River**  
732-257-2340

**Spotswood**  
732-251-3432

**Woodbridge**  
732-726-2394

## Veteran Services

**Brigadier General William C. Doyle Veterans Memorial Cemetery**  
350 Provinceline Road  
Wrightstown, NJ 08562  
609-738-2400  
[www.nj.gov/military/cemetery](http://www.nj.gov/military/cemetery)

It is open to eligible New Jersey veterans; residents who are members of the armed forces or reserve units on active duty at time of death, certain dependents, and certain merchants marines and civilians who have been awarded veteran status.

**Hope for Veterans Supportive Services for Veteran Families Program (SSVF)**  
1-855-483-8466  
[hopeforveterans.com](http://hopeforveterans.com)

Providing case management to assist veterans and their families in securing housing and developing housing stability.

**Middlesex County Veteran Services**  
75 Bayard Street - 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
732-745-4051  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

Providing Veterans Housing Assistance Program, Rapid re-housing, Homelessness Prevention, and Veterans service cards.

**NJ Department of Military and Veteran Affairs**  
101 Eggert Crossing Road  
Lawrence Township, NJ 08648  
732-937-6347  
[www.nj.gov/military](http://www.nj.gov/military)

**New Jersey Veterans Memorial Home**  
132 Evergreen Road  
P.O. Box 3013  
Edison, NJ 08818-3013  
732-452-4100  
[www.nj.gov/military](http://www.nj.gov/military)

The soldiers' home is open to veterans who served active duty and to certain family members.

**Soldier On**  
1-866-406-8449  
[wesoldieron.org](http://wesoldieron.org)

Assists veterans and their families experiencing homelessness or are at risk of becoming homeless. Other services include: peer support, financial support, education and employment services, and transportation assistance.

**Veterans Administration New Jersey Health Care System**  
East Orange Campus  
385 Treemont Avenue  
East Orange, NJ 07018  
973-676-1000

**Lyons Campus**  
151 Knollcroft Road  
Lyons, NJ 07939  
908-647-0180  
[www.newjersey.va.gov](http://www.newjersey.va.gov)

Provide in- and out-patient medical, psychiatric, and rehabilitation services. Nursing home care is available for eligible veterans with an honorable discharge. Priority for veterans with a service-connected disability or disease.

**VA New Jersey Health Care  
System Outpatient Clinic**  
14 Wills Way  
Piscataway, NJ 08854  
732-981-8193  
[www.newjersey.va.gov](http://www.newjersey.va.gov)

**NJ Vet 2 Vet Helpline**  
1-866-VETS-NJ4U  
(1-866-838-7654)  
[www.NJvet2vet.com](http://www.NJvet2vet.com)

24hr/7 day week helpline coordinated by Rutgers University Behavioral Healthcare. The helpline features peer counseling, clinical assessments, and assistance to family members.

**US Dept of Veterans Affairs**  
844-698-2311  
[www.va.gov](http://www.va.gov)

**Veterans Benefits Hotline**  
1-888-8NJ-VETS

## Vision

**Eye Care America**  
655 Beach Street  
P.O. Box 429098  
San Francisco, CA 94142-9098  
877-887-6327  
[www.eyecareamerica.org](http://www.eyecareamerica.org)

A public service program for eligible citizens age 65 and older with medical eye problems who do not have eye doctor or have not seen one in the past three years. A volunteer physician's name will be mailed, and an appointment scheduled.

**Eye 2 Eye Peer Support Program**  
Rutgers/UHBC  
833-932-3931  
[uhbc.rutgers.edu](http://uhbc.rutgers.edu)

A phone-based program that offers information, support, resources & referrals for individuals with vision impairment and blindness.

**New Eyes for the Needy**  
549 Millburn Avenue  
Short Hills, NJ 07078  
973-376-4903  
[www.new-eyes.org](http://www.new-eyes.org)

Provides prescription eyeglasses for-low income individuals through a voucher program.

**NJ Commission for the  
Blind and Visually Impaired**  
153 Halsey Street, 6<sup>th</sup> Floor  
Newark, NJ 07101-47017  
973-648-3333 or 877-685-8878  
[www.state.nj.us/humanservices/cbvi/](http://www.state.nj.us/humanservices/cbvi/)

Provides education, counseling, rehabilitation, job placements, home instruction, O&M instruction, nursing unit and eye screenings.

**NJ State Library for the Blind and  
Handicapped**  
2300 Stuyvesant Avenue  
P.O. Box 501  
Trenton, NJ 08618-0501  
800-792-8322 or 609-406-7179  
[www.njstatelib.org](http://www.njstatelib.org)

Books and magazines in special format are available to any resident who is unable to read normal print. Materials are loaned through a postage free mail service.



**Seeing Eye, Inc.**  
**P.O. Box 375**  
**Morristown, NJ 07963-0375**  
**973-539-4425**  
**[www.seeingeye.org](http://www.seeingeye.org)**

Trains dogs and instructs blind and visually impaired persons.

## Voting

**Middlesex County**  
**Board of Elections**  
**11 Kennedy Boulevard**  
**East Brunswick, NJ 08816**  
**732-745-3471**  
**[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)**

Voters who are blind, disabled, or unable to read or write, are entitled to receive assistance at the polls.

## Out of State Assistance

**Benefits Checkup**  
**[www.BenefitsCheckUp.org](http://www.BenefitsCheckUp.org)**

Quickly find benefit programs that could help you pay for medication, healthcare, food and more.

**Eldercare Locator**  
**1-800-677-1116**  
**[www.eldercare.gov](http://www.eldercare.gov)**

A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

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