



# REPLENISH

NOURISHING NEIGHBORS

REPLENISH is Middlesex County's hunger eradication program, meeting basic needs within the County by supporting over 160 partner agencies.

Happy 30th Anniversary, REPLENISH

## Join the 30 for 30 Challenge!

Celebrate with us by donating 30 items from our list in March, May, July, and October

### Keep high-demand foods and necessities in stock by donating

*Canned and packaged goods only, low sodium and low sugar options preferred, NO glass items.*

- Bagged Rice (1 lb. bags)
- Diapers & Wipes
- Peanut Butter & Jelly
- Dry Beans (1 lb. bags)
- Bar Soap & Shampoo
- Pasta Sauce
- Canned Tuna or Chicken
- Toothpaste
- Baked Beans

**TO JOIN, EMAIL PETER ELLISON | [peter.ellison@co.middlesex.nj.us](mailto:peter.ellison@co.middlesex.nj.us)**

Mention that you're taking part in the REPLENISH 30 for 30 Challenge!

We'll deliver collection bins to you and pick them up at the end of each "Challenge" month.

Monetary donations are also accepted online at [feedingmiddlesexcounty.org](http://feedingmiddlesexcounty.org) or by checks made payable to Feeding Middlesex County and mailed to PO Box 781, Edison, NJ 08818.



Thank you for your support and generosity!



Scan here to learn more and locate food pantries.



REPLENISHMiddlesexCounty

[replenish@co.middlesex.nj.us](mailto:replenish@co.middlesex.nj.us)

[middlesexcounty.nj.gov/replenish](http://middlesexcounty.nj.gov/replenish)

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