



REPLENISH
NOURISHING NEIGHBORS

MIDDLESEX
COUNTY • NJ

Live Cooking Demonstration

with **REPLENISH**

Join Chef Sank from **Share Your Foodways** and special guest Chef Dave Bell for a live cooking demonstration and food tasting at the REPLENISH distribution center.

Chef Dave Bell will share new and creative ways to use end-of-season produce—fresh and fermented! He'll demonstrate kimchi and easy quick pickling techniques to add variety in your kitchen. Whether or not you like super-hot peppers like he does, Chef Dave will show you how to get new flavors out of familiar foods!

Be sure to register and bring a guest from your pantry so they can experience the demonstration too! Please be sure to include your guest's name when you register!

Recipes from the demonstrations will be available electronically and printed copies will be shared with pantries for distribution to guests.



Monday

September 23 at 10am

REPLENISH

28 Kennedy Boulevard
Suite 850,
East Brunswick

Registration required

Scan here to register



Share Your Foodways
Middlesex County

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