



## CULINARY LEARN AND SHARE

# REPLENISH Tex Mex Salad



### Ingredients

½ cup chopped onions  
1 cup of chopped tomatoes  
1 can of corn, drained  
1 can of black beans,  
drained  
Salt and pepper to taste

### Dressing

1 tsp of chopped garlic  
½ cup chopped cilantro  
3 limes or lemons  
⅓ cup lime or lemon juice  
¼ cup of olive oil  
1 tsp of powder cumin

### Directions

For the Dressing:

In a bowl mix the garlic, cilantro, olive oil, lime juice, cumin, salt and pepper. Then set aside.

For the Salad:

Mix the onions, tomatoes, beans, corn, start gradually adding your dressing. Let it sit for about 5 minutes, serve, and enjoy.



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Recipe Submitted by: **Chef Carolina Moratti**



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