



## CULINARY LEARN AND SHARE

# Fruit Salad with Oats

By Chef Sank of @EatKraveLove

### Ingredients

- 2 cup Rolled Oats
- 2 cans light coconut milk
- 1 tablespoon chia seeds
- 1 Apple
- 1/2 cup Grapes
- 1 cup Strawberries
- 1/2 cup Blueberries
- 1 cup Mango
- 1 tsp cardamom
- 1 tsp cinnamon

### Optional

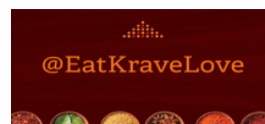
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|----------------|---------|
| Pomegranate    | Raisins |
| Coconut Flakes | Bananas |
| Pistachios     | Almonds |

### Directions

1. Mix the rolled oats and coconut milk together
2. Add the seasoning and mix in the fruit
3. Chill overnight
4. Serve and top with additional fruit or nuts  
Enjoy!



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