



JOIN US FOR OUR 2ND ANNUAL **Turkey Trot and 5K!**

This family friendly trot and 5K around the beautiful Raritan Bay Waterfront Park will raise food and funds to address food insecurity in Middlesex County. Kick off the holiday by giving thanks while giving back to the community with some physical activity.

A 5K course will be set up around the outer perimeter of the park encompassing approximately 3.5 loops. 1st, 2nd and 3rd place winners for 5K participants, or run or walk at your own pace as many loops as you'd like.

Suggested Donation

Minimum \$10 donation per individual or \$20 per family.

Nonperishable food donations will also be accepted.

All donations will benefit REPLENISH and Feeding Middlesex County to nourish our neighbors. Donations can be made beforehand at feedingmiddlesexcounty.org or cash, check and Venmo the day of the trot.

Thursday, November 28
8:30am to 10:30am

Raritan Bay Waterfront Park
201 John T O'Leary Blvd.
South Amboy, NJ 08879

Rain or Shine
Family, Pet and Stroller Friendly



Scan the QR
Code to
Pre-Register

Participants are welcome to register at the event, however advance registration is encouraged.

For more information contact:
Jared Gonsalves, 732-501-4114