



SAGE (Services & Advocacy for LGBT Elders) is the county’s largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual, transgender and queer or questioning older people. Since 2020, all our staff completed annual training on LGBTQ+ aging issues to receive SAGE Platinum credentials.

Middlesex County Board of County Commissioners

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Claribel A. Azcona-Barber, Charles Kenny,
Leslie Koppel, Chanelle Scott McCullum,
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Claribel A. Azcona-Barber,
Commissioner Liaison

Middlesex County Department of Community Services

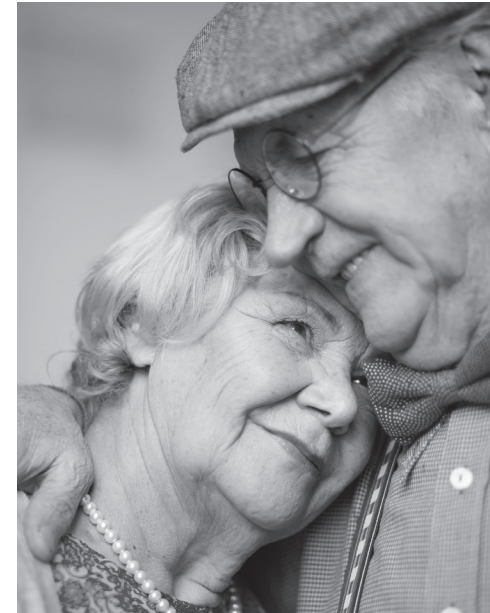
Meghan Davey, *Department Head*

Office of Aging and Disabled Services

Laila Caune, *Executive Director*



middlesexcountynj.gov



Office of Aging and Disabled Services

732-745-3295
1-877-222-3737

75 Bayard Street
New Brunswick, NJ 08901

Area Agency on Aging Office of Aging and Disabled Services

The mission of the Office of Aging and Disabled Services is to provide leadership in the coordination and provision of a comprehensive network of services enabling older adults (60+) and persons with disabilities (18+) to function as independently as possible in a community environment which best suits their needs and interests. Services range from social and recreational activities to in-home and long-term care.

Information and Assistance

Provides information, assistance, referral, and advocacy for older adults, persons with disabilities, their caregivers, and the general public needing access to services.

Home Care and Care Management

Home Care services may include: social or medical adult day care, meals, home health care, personal care assistance, transportation, medical equipment and supplies, respite, barrier-free modification, and in-patient respite. Care Managers assess individuals' needs and coordinate the ongoing services provided.

Medicare Counseling

Under the State Health Insurance Assistance Program (SHIP), trained staff and trained volunteer counselors assist with questions related to Medicare, supplemental insurances, and problems regarding Medicare billing.

Nutrition Services

Senior Meal Program provides a lunchtime meal for older adults (60+) Monday-Friday at 8 congregate sites around the county. Nutrition education is also provided at these 8 sites. Delivered meals are available for homebound and isolated older adults.

Senior Farmers Market provides eligible older adults with QR Codes to purchase fresh fruits and vegetables at approved local farm markets from June through November.

Resource Directory

For a directory of services and agencies in Middlesex County, call for a free copy of our Resource Directory or visit our website at middlesexcounty.nj.gov.

Events

- **90+ Birthday Celebrations**
- **Caregiver Conference**
- **Disability Connections**
- **LGBTQ+ Seminar**
- **Older Adult Contest and Show**
- **Senior Health and Fitness Walk**
- **Senior Fraud Prevention Conference**
- **Elder Abuse and Exploitation Conference**
- **Caregiver Retreat**

Adult Protective Services

Adult Protective Services' (APS) role is to receive and investigate reports of suspected abuse, neglect, and exploitation of vulnerable adults living in the community. If you are aware of, or suspect, abuse, neglect, or financial exploitation of a vulnerable adult living in Middlesex County, please call APS at 732-745-3635.

Office Initiatives

AngelSense. The AngelSense monitoring device and mobile app is the only GPS and monitoring solution designated specifically for individuals who have a history of wandering due to illness or disability (for example: Autism, Alzheimer's). This program in conjunction with the Middlesex County Sheriff's Office is offered free to county residents.

File of Life is a FREE magnetic refrigerator pouch that holds a health and emergency reference card that provides vital information to police, EMT, and family in the event of a crisis.

Middlesex County Empowering Seniors Fall Prevention Network.

Older adults and adults with disabilities across Middlesex County have opportunities to participate in two in person evidence-based falls prevention programs – Matter of Balance and Bingocize. Both programs are FREE and currently available in-person at local Middlesex County locations. Registration is required.

Pyx Health is a FREE wellness program that offers a trusted combination of people, mobile app, and health care resources to reduce loneliness and improve health.

Trualta is a FREE program to provide support to families managing care for loved ones at home.

Community Services

The office provides funding to local providers for support services in legal service, adult day care, outreach, nutrition, home health services, care management, language translation, mental health, information & assistance, residential maintenance, respite and adult protective services, education, physical activity, physical health, transportation, visiting nurse service, caregiver trained volunteer assistance, and respite care for caregivers.

Presentations

Speakers are available to address community groups or agencies to provide information about programs and services available through the office.